



Lifelong Learning
Dysgu Gydol Oes

Part-time courses for adults

2025-26



www.cardiff.ac.uk/learn tel: 029 2087 0000

Mae'r prosiectws hwn ar gael yn Gymraeg, cysylltwch â ni am gopi

Welcome



A warm welcome awaits you at Lifelong Learning. As our name suggests, we aim to provide flexible and affordable opportunities for learners from all ages and all backgrounds.

We offer a fantastic range of courses including creative writing, business, science, and healthcare to name but a few. Take a moment to delve into our prospectus and browse the many opportunities we deliver. There will be something that fires your imagination, encourages you to think differently about employment options, or helps you to find a community of like-minded lifelong learners.

People learn for lots of different reasons and we understand that. Whether you want to improve your CV, study a Pathway to access degree studies or whether you just love to learn something new, we design our courses for busy adult learners. Our courses will stimulate you, challenge you, but also encourage you. With this in mind, we run online lessons and classroom-based courses so that you have the option to choose what works best for you.

Our new building provides modern and comfortable teaching facilities and we feel very much at home now in 50-51 Park Place. Moreover, we hope that our students share that sense of belonging and community, while taught and supported by staff who value and champion the needs of adult learners.

Best wishes

Dr Michelle Deininger
Interim Director, Lifelong Learning

Qualifications

Prove your potential by gaining qualifications, enhance your studies, improve your CV and realise your personal ambitions.

What qualifications can you gain with us?

▶ **Certificate of Continuing Education**

With 60 credits at Level 4 or Level 5 within one subject area

▶ **Certificate of Higher Education**

With 120 credits at Level 4 or Level 5

▶ **Diploma of Higher Education**

With 120 credits at Level 5 completed in pre-defined 60 credit study blocks. Subjects currently available: Computing, French, German, Italian and Spanish.

▶ **International language qualifications**

such as DELF-DALF, the DELE, Goethe Zertifikat, CILS, JLPT and HSK

Study for free

Have you always wanted to study at university but never had the opportunity?

If you are a carer, care leaver, have a disability, receive DWP benefits, currently seeking a job, are black or minority ethnic, refugee, asylum seeker, your parents did not study at university, identify as LGBTQ+, or live in an area where traditionally few people access university, you could be eligible for a fee waiver. More information can be found on our website.

Pathways to a degree

Pathways are designed for those with life experience who wish to study a degree at Cardiff University. We welcome applications from students who may have been away from formal education for several years. Reasons to study on a Pathway include:

- ▶ Pathways prepare you to study at degree level and you will be fully supported when you are ready to apply.
- ▶ Courses are taught part-time in the evening or at weekends.
- ▶ Classes are small, friendly and supportive.
- ▶ You will receive one-to-one advice from your tutor and Coordinating Lecturer.
- ▶ Financial support may be available to help with course fees.

We offer the following subjects:

- ▶ **Business Management, Marketing, and Accounting** (page 6)
- ▶ **Computer Science and Applied Software Engineering** (page 10)
- ▶ **Dental Hygiene** (page 58)
- ▶ **Earth and Environmental Sciences** (page 56)
- ▶ **English Language, English Literature, Creative Writing, and Philosophy** (page 18)
- ▶ **Healthcare** (page 62)
- ▶ **History, Archaeology, and Religion** (page 27)
- ▶ **International Relations and Politics** (page 50)
- ▶ **Journalism, Media and Culture** (page 21)
- ▶ **Law** (page 48)
- ▶ **Medical Pharmacology** (page 55)
- ▶ **Optometry** (page 60)
- ▶ **Psychology** (page 74)
- ▶ **Social Science** (page 72)
- ▶ **Social Work (MA)** (page 75)

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Reasons to study with us

Our fascinating subjects will challenge and inspire you. Here is a flavour of what you can enjoy when you study with Lifelong Learning.

Our home at Lifelong Learning

Our building is low carbon with air source heat pumps and solar panels. It provides comfortable work, study and teaching facilities and we aim to establish the perfect environment to welcome and encourage students who may have been away from a classroom for a long time. This modern facility both inspires and supports our students in their part-time education and pathways to a degree studies.



We are happy to discuss specific access requirements you may have. Please contact our Disability Advisor if you have concerns about accessing the building or need aids to learning.

Contact: learn@cardiff.ac.uk

Open, relaxed and inclusive learning

We encourage and welcome everyone to study with us. Many of our courses have no entry requirements – all you need is an interest in the subject and a willingness to explore it in the company of others. Expect stimulating discussions and a strong sense of community.

Flexible and accessible study

We schedule courses in the daytime, evening, weekends and online to make it as easy as possible for you to attend.

We are based in the centre of Cardiff with good transport links.

Gain university credits and qualifications

Our Pathways to a degree provide a part-time route to degree study at Cardiff University (see inside cover).

When you successfully complete your assessments you will earn credits towards qualifications. These credits are a national scheme, which means they are recognised by most universities, particularly useful for those wishing to study a degree.

Extra study support

Your tutor will support and encourage you as you study. We also have online resources to help you plan and write your assessments:

- ▶ The Learning Guide
- ▶ The Student Handbook

These resources are found on our website.

Libraries

When you enrol on a course, you become a Cardiff University student for the duration of your study. This gives you access to a wealth of resources:

- ▶ you can use most of the University's libraries. You will have access to books, newspapers, magazines, journals, CDs, DVDs and an online library search. You can borrow up to ten items at a time. Please email your enrolment confirmation and a passport style photo to librarymembership@cardiff.ac.uk to obtain your ID/library card or to contact us with any queries about the library service.

To access 50-51 Park Place you will need to use your ID/library card as an access card. Take your ID/Library card to 50-51 Park Place with proof of your enrolment and the Reception Team will update your card for you to access the building.

Facilities

- ▶ Computer Accounts – A computer account will automatically be created you when you enrol. Your log-in details will be sent to the email you provide when you enrol. This will give you access to a range of applications and software.

Student rates and discounts

- ▶ Full use of the University's sports facilities and a reduced rate

Cardiff University staff and student discount

Staff and full-time students at Cardiff University are eligible for a discount on our part-time courses and pay the concessionary fee.

Business and Management

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**



Managing Finance I

Fee **£208.00** (Concessionary Fee £166.00)

Dr Mohamed Hessian

Managers and employers at all levels need to be competent at a level of financial management. This course is designed to help students understand the financial aspects required to run the business/department. No prior knowledge is required.

Please pre-enrol.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught online.

10 Credits, Level 4
BAM25A1361A

Managing Finance II

Fee **£208.00** (Concessionary Fee £166.00)

Dr Mohamed Hessian

This course provides a further study of financial statements, planning and control and other financial management techniques. Students should have completed **Managing Finance I**, or have a prior knowledge of accounting. **Please pre-enrol.**

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 29 January 2026

This course will be taught online.

10 Credits, Level 4
BAM25A2861A

Essential Management Skills

Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. This course focuses on flexibility and the ability to work in a UK, European and global environment.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4
BAM25A4924A

Essential Leadership Skills

Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques needed for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. The course focuses on flexibility and the ability to work in a UK, European and global environment. This course is taught through a mix of online learning and classroom-based learning.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 27 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4
BAM25A5176A



STUDENT TESTIMONIAL

The opportunity to learn has transformed Hamdi's life



From a small village in Darfur, to working in Khartoum as a medical professional to completing business and management courses at Lifelong Learning at Cardiff University. Hamdi's learning journey has transformed his life whilst he strives to improve the lives of others.

Since coming to Wales, Hamdi has dedicated his

life to improving his business skills to improve medical practices. He enrolled on Essential Management Skills and Essential Leadership Skills at Lifelong Learning and is continuing his educational journey by studying Project Management. His passion for learning, commitment and enthusiasm shone through, despite challenging personal

circumstances that Hamdi has faced during his studies. Not only did Hamdi develop key skills such as time management, honing his prioritisation skills, problem solving, leadership and personal growth. His hard work was recognised by Cardiff University this year when he received a student award for his dedication and achievement in his studies.



The impact of these courses has been profound. Personally, I have developed advanced problem-solving skills and the ability to manage time effectively. Professionally, I have gained confidence in team leadership and resource management while embracing reflective practices.

“To those considering returning to education: age, background, or circumstances should never be barriers to learning. Education is a powerful tool for transformation—it has opened doors for me that I never thought possible.”





Technology and the Digital Age



Fee **£208.00** (Concessionary Fee £166.00)

Dr Jo Smedley

This module introduces the aspiring business professional to three areas involving the use of information which are likely to be critical to their future working life.

5 fortnightly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM25A5151A



Project Management



Fee **£208.00** (Concessionary Fee £166.00)

Dr Jo Smedley

This course provides a good introduction to those skills needed for successful project management. This is an area of study and application which is increasingly popular and is useful in all aspects of employment and life management. **This course is extremely popular, please pre-enrol.**

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 October 2025
This course will be taught online.

10 Credits, Level 4

BAM25A5264A

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 January 2026
This course will be taught online.

10 Credits, Level 4

BAM25A5264B

10 weekly meetings
Wednesdays from 16:00 to 18:00
Starting 15 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

BAM25A5264C

Project Management Methodologies

Fee **£208.00** (Concessionary Fee £166.00)

Dr Jo Smedley

This module aims to broaden understanding in the academic and practical concepts of Project Management Methodologies. Over a 10-week period, each session will enable students to develop their understanding of different methodologies relevant to participant contexts. Learning will be provided through academic theory alongside practical exercises, tests, case studies and group discussion.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 15 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 5

BAM25A5559A

Enrol Now!



Pathways to a degree *in*

Business Management, Marketing, and Accounting

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a pathway which will allow you to study towards these degrees at Cardiff University:

- ▶ **Business Management (N201)**
- ▶ **Marketing (NN25)**
- ▶ **Accounting (N400)**

You need to have a grade B/6 in Mathematics GCSE for your degree application to be considered by Cardiff Business School.



How it works

Core modules:

- ▶ People in Organisations
(20 credits)
 - ▶ Fundamental Mathematics
(20 credits)
(only mandatory if you do not have Maths GCSE grade B/6.)
- (40 credits in total)**

+

2 x Optional modules: all 10 credits each

- ▶ Consumer Law
 - ▶ Essential Management Skills
 - ▶ Essential Leadership Skills
 - ▶ Contract Law
 - ▶ Technology and the Digital Age
 - ▶ Project Management
- (20 credits in total)**

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**Pathway to a degree in Business Management, Marketing, and Accounting
(60 credits)**

People in Organisations



Fee **£560.00** (Concessionary Fee £448.00)

Jemma Cox

The course provides students with an introduction to the key themes, concepts and theories relating to the study of the management of people in organisations. Particular attention is paid to organisations as the nodal points of human interaction within the business world, focusing on both the social and the psychological aspects of these relations. **The People in Organisations** module is a 20 credit module on the **Pathway to Business Management**.

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day school
Starting 7 January 2026

This course will be taught online.

20 Credits, Level 4

BAM25A4920A



Contract Law



Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This course examines the creation of legally binding contracts and how a contract works in practice. Throughout the course, students will explore the elements that make up a legally valid contract; remedies available when a contractual obligation is breached, different types of misrepresentation and unfair contract terms. Students will reflect upon how these issues effect the parties to the contract. This course will be of interest to anyone who wants to improve their understanding about the contracts they enter into, whether that be in their personal life or in a work context.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

LAW25A4509A

Learn with us and...
become competitive
in the international
job market

Essential Leadership Skills



Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques needed for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. The course focuses on flexibility and the ability to work in a UK, European and global environment. This course is taught through a mix of online learning and classroom-based learning.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 27 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM25A5176A

Enrol
Early!

Essential Management Skills



Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. This course focuses on flexibility and the ability to work in a UK, European and global environment.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM25A4924A

Consumer Law



Fee **£280.00** (Concessionary Fee £224.00)

Jemma Cox

We all buy goods and services regularly and may deal with customers in work or enjoy buying and selling goods online or at car boot sales in our spare time. But how many of us fully know our legal rights and responsibilities? This flexible online course explores the basics of both the legal and practical aspects of consumer and business transactions and provides practical tips and guidance throughout to help you improve your decision making and to resolve disputes with customers and clients.

10 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 22 April 2026

This course will be taught online.

10 Credits, Level 4

LAW25A5556A

Optional modules also include:

Technology and Digital Age (page 5)
 Project Management (page 5)

Computer Studies

Co-ordinating Lecturer: **Dr Jim Vafidis**
 Tel: **029 2251 4509**
 Email: **VafidisJ@cardiff.ac.uk**



A Gentle Introduction to Data Analysis using R

Fee **£280.00** (Concessionary Fee £224.00)

Dr Jim Vafidis

This eight-week course provides a beginner-friendly introduction to data analysis using R, ideal for amateur scientists and those preparing for healthcare or science-related study. You'll learn the basics of R programming, data manipulation, descriptive statistics, and data visualisation, progressing toward an introduction to Generalised Linear Models (GLMs). Learning is supported through hands-on exercises and real-world projects in an accessible and encouraging environment.

8 weekly meetings
Wednesdays from 10:00 to 12:30
Starting 10 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
COM25A5579A

Digital Literacy



Fee **£280.00** (Concessionary Fee £224.00)

Ricardo Calil

This practical course introduces foundational digital skills for personal, academic, and professional use. It covers from operating systems and internet use to online safety, and Google and Microsoft 365 services and applications. Designed for beginners, the module builds confidence in navigating digital environments and managing digital projects efficiently.

10 weekly meetings
Mondays from 10:30 to 12:30
Starting 15 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
COM25A5629A

Web Development using HTML and CSS

Fee **£560.00** (Concessionary Fee £448.00)

Mr Huw Davies

Learn how to build your own website from scratch using HTML (Hyper Text Markup Language) and CSS (Cascading Style Sheets). This practical course focuses on coding by hand—no drag-and-drop tools or platforms like DreamWeaver or WordPress. You will also be introduced to jQuery, using pre-built components such as sliders, drop-down menus, and image galleries to enhance your site's interactivity. Course content includes structuring pages with headers, text, links, images, tables, and lists; creating navigation menus and forms; embedding Google Maps and YouTube videos; an introduction to Responsive Web Design; and basic principles of SEO (Search Engine Optimisation). No prior experience with HTML, CSS, or jQuery is required—this course is ideal for beginners.

11 weekly meetings
Mondays from 18:00 to 21:00
plus 1 Saturday day school
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4
COM25A4867A

Python Programming



Fee **£560.00** (Concessionary Fee £448.00)

Dr Mike Evans

This module provides a practical introduction to programming using the Python scripting language. It is ideal for students with some prior experience in computer programming who are looking to broaden their skills with one of the most widely used languages in the world. You will learn how to create and run Python scripts, work with built-in data types (such as numbers, strings, lists, and dictionaries), define your own functions, and handle files and exceptions. The course also introduces built-in tools and basic database interaction using keyed data structures. Teaching is delivered through a combination of lectures and hands-on lab sessions, giving you both the theoretical foundation and practical experience to write and debug Python code confidently.

12 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 5
COM25A5337A

12 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
COM25A5337B

12 weekly meetings
Mondays from 18:00 to 21:00
plus 1 Saturday day school
Starting 26 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
COM25A5337C



Enrol Early!

Advanced Python Programming

Fee £560.00 (Concessionary Fee £448.00)

Dr Mike Evans

This module builds on the foundations of **Python Programming** and is designed for students who want to take their skills to the next level. You will explore advanced techniques such as reading and processing data from files, and using Python to analyse Microsoft Excel spreadsheets. The course also covers methods for sorting data using multiple keys and introduces object-oriented programming, including the use of classes and inheritance. Further topics include the creation of Graphical User Interfaces (GUIs), systems programming using Python scripts, and an introduction to network programming with both UDP and TCP protocols. The module is delivered through a combination of traditional lectures and hands-on laboratory sessions, providing both conceptual understanding and practical experience in writing more complex and functional Python applications.

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 1 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
COM25A5395A

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 28 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
COM25A5395B

Practical AI: Artificial Intelligence in the Digital Age



Fee £280.00 (Concessionary Fee £224.00)

Ricardo Calil

This course introduces the dynamic field of Artificial Intelligence (AI) and its practical applications in your personal and professional life. You will explore key AI concepts and the latest developments through engaging lessons which combine theory with hands-on, real-world activities.

10 weekly meetings
Fridays from 10:00 to 12:00
Starting 3 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
COM25A5581A

10 weekly meetings
Mondays from 16:00 to 18:00
Starting 12 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
COM25A5581B



Introduction to Spatial Analysis and GIS

Fee £280.00 (Concessionary Fee £224.00)

Dr Jim Vafidis

This course provides a practical introduction to Geographic Information Systems (GIS) and the fundamental techniques of spatial analysis. Designed for beginners, the module emphasises the concepts, tools, and skills necessary to manage, analyse, and interpret spatial data effectively. Students will develop a strong foundation in GIS through hands-on exercises and real-world problem-solving, culminating in the creation of professional-quality maps.

8 weekly meetings
Wednesdays from 10:00 to 12:30
Starting 12 November 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
COM25A5605A

C++ Programming

Fee £560.00 (Concessionary Fee £448.00)

Dr Mike Evans

Learn the fundamentals of programming using C++, a powerful language widely used in software development. This course covers input/output, control structures, functions, pointers, arrays, and introduces object-oriented programming with classes, constructors, and inheritance. You'll also learn basic file handling techniques.

While no prior experience with C++ is required, some coding background would be an advantage. This course combines theory with hands-on practice to build a solid foundation for further programming study.

12 weekly meetings
Tuesdays from 18:00 to 21:00
Starting 27 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
COM25A2652A



Pathways to a degree *in*

Computer Science and Applied Software Engineering

Co-ordinating Lecturer:

Dr Jim Vafidis

Tel: **029 2251 4509**

Email:

VafidisJ@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will prepare you to study towards these degrees at Cardiff University:

- ▶ **Computer Science**
- ▶ **Computer Science with a Year in Industry**
- ▶ **Computer Science with Security and Forensics**
- ▶ **Computer Science with Security and Forensics with a Year in Industry**
- ▶ **Computer Science with Security and Forensics with a Year of Study Abroad**
- ▶ **Applied Software Engineering**

You need to have 5 GCSEs A-C/9-4.



How it works

Core modules:

- ▶ Python Programming 20 credits
- ▶ Fundamental Mathematics 20 credits (if you are thinking of later applying for Computer Science, or if you are thinking of applying for Applied Software Engineering and you do not have a Maths GCSE)

- ▶ Academic Communication 10 credits (if you do not have an English language GCSE)

(40 credits in total)

+

Optional modules:

- ▶ Digital Literacy 10 credits
 - ▶ C++ Programming 20 credits
- ▶ Practical AI: Artificial Intelligence in the Digital Age 10 credits

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**Pathway to a degree
in Computer Science
and Applied
Software
Engineering**

60 credits

Humanities

Co-ordinating Lecturer: **Dr Michelle Deininger**
Tel: **029 2087 0000**
Email: **DeiningerMJ@cardiff.ac.uk**

Continuing to Write

Fee **£208.00** (Concessionary Fee £166.00)

Rachel Smith

This course is a continuation of **Starting to Write** and encourages students to further develop the skills they have established in the earlier course. Students who have not studied **Starting to Write** who are keen to explore their writing skills further are very welcome to join, too.

• **10 weekly meetings**
Thursdays from 19:00 to 21:00
Starting 18 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4

CRW25A5464A

• **10 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 21 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4

CRW25A5464B

Creative Writing: Bold Beginnings

Fee **£208.00** (Concessionary Fee £166.00)

Sophie Squire

Suitable for creative writers of any level - new and experienced - the goal of this course is to experiment with different forms and genres within creative writing. You will be introduced to a range of techniques designed to develop your confidence and writing skills. Upon completion, you will have a better understanding of your own creative voice and style. **Bold Beginnings** is designed to stand alone, or as a springboard for further creative writing study.

• **10 weekly meetings**
Mondays from 17:00 to 19:00
Starting 19 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4

CRW25A5602A



Creative Writing

General and Introductory Writing Courses

and perseverance. By the end of the course, you will have made the leap and started to write!

• **10 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 17 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4

CRW25A5363A

Creative Writing: Starting to Write

Fee **£208.00** (Concessionary Fee £166.00)

Rachel Smith

Is writing something that feels a little terrifying, like a leap into the unknown? Do you wish you could start writing that novel, memoir, or a something shorter? This course will introduce you to some of the most important skills in a creative writer's toolbox: imagination, confidence



Writing without limits

Fee **£208.00** (Concessionary Fee £166.00)

Rachel Smith

Designed for anyone who has completed one of our introductory writing courses, such as **Starting to Write** and **Continuing to Write**, this course provides the opportunity to learn more about the craft and gain more confidence in writing skills.

10 weekly meetings

Thursdays from 19:00 to 21:00
Starting 22 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

CRW25A5461A

10 weekly meetings

Wednesdays from 13:00 to 15:00
Starting 6 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

CRW25A5461B



Creative Nonfiction

Fee **£208.00** (Concessionary Fee £166.00)

Hari Berrow

Sometimes referred to as the “fourth genre”, alongside poetry, drama and fiction, creative nonfiction occupies a space in which telling the truth and deploying literary language are equally important. The course will explore speculative nonfiction, the visual essay, memoir, diary, travel writing, food writing, literary journalism, narrative history, and the personal essay.

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

CRW25A5537A

Writing Historical Fiction

Fee **£208.00** (Concessionary Fee £166.00)

Katie Munnik

How can we render the language of the past? What is the difference between historical facts and historical fiction? What does writing about the past say about the present? This course explores the key elements of writing historical fiction, balancing historical accuracy with the demands of crafting fiction.

10 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 30 September 2025

This course will be taught online

10 Credits, Level 4

CRW25A5451A

Writing Science Fiction and Fantasy Part 1

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

What makes for successful science fiction? How do you build a fantasy world? This practical writing course explores a range of frameworks and concepts that underpin these popular genres, from alterity to the posthuman, and explores ways in which writers can avoid the pitfalls of exposition and infodumps.

10 weekly meetings

Thursdays from 17:30 to 19:30
Starting 2 October 2025

This course will be taught online

10 Credits, Level 4

CRW25A5531A

Writing Science Fiction and Fantasy Part 3: The Realm of Speculative Fiction

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

We will develop further understanding of the most influential Science Fiction and fantasy writers under the umbrella Speculative Fiction: fantastical, futuristic, supernatural, or imaginative realms proposing possible futures. Consider what makes a text Speculative Fiction. Examine why Margaret Atwood fought for her works to be considered Speculative Fiction over Science Fiction. Climate Change and other contemporary issues will be explored through the practice of creative writing.

10 weekly meetings

Wednesdays from 17:30 to 19:30
Starting 1 October 2025

This course will be taught online

10 Credits, Level 4

CRW25A5601A

Popular Genres

Novel Writing Workshop

Fee **£208.00** (Concessionary Fee £166.00)

Guided by a professional author, this is a course for anyone who has a book currently in them that they'd prefer to see sitting in a bookshop. What are the components that make a novel unputdownable? How can you ensure that your readers are enthralled? Looking at all genres of contemporary full-length fiction, this course will take you right through the novel-writing process, as well as offering guidance in the all-important art of attracting an agent and/or publisher.

Katie Munnik

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 29 September 2025

This course will be taught online

10 Credits, Level 4

CRW25A4674A

Rachel Dawson

10 weekly meetings

Wednesday from 10:00 to 12:00
Starting 21 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

CRW25A4674B

Writing Science Fiction and Fantasy Part 4: Historical Science Fiction and Fantasy at the Museum

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

We will focus on the creation of fantasy and Science Fiction stories written from prompts. In partnership with Amgueddfa Cymru – Museum Wales, students are invited to choose from artefacts covering a broad range of periods. Worldbuilding and character development will be discussed using the artefacts as prompts. Learn how to incorporate elements of truth into your stories. For both experienced and new creative writers.

10 weekly meetings
Tuesdays from 10:30 to 12:30
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW25A5615A

Writing Horror

Fee **£208.00** (Concessionary Fee £166.00)

Hari Berrow

We will learn about the horror writing tradition and learn techniques and genre conventions that offer you the basis to create your own works of horror fiction. You will be introduced to some of horror's many forms and supported in choosing what style works best for you.

10 weekly meetings
Fridays from 10:00 to 12:00
Starting 3 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW25A5632A

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Dystopian Literature

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

Dystopian fiction is a popular and growing field of literature in the publishing market. But why are we seeing increasing publications? What are the themes that draw readers to these stories and how do they reflect society today? This practical creative and critical writing course explores the genre of dystopian literature, examining its increasing popularity.

10 weekly meetings
Fridays from 10:00 to 12:00
Starting 23 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW25A5366A

Writing Romance

Fee **£208.00** (Concessionary Fee £166.00)

Rachel Dawson

While Jane Austen is one of the most canonical writers in the history of literature, contemporary romance is often undervalued in genre fiction. On this module, you will examine a range of different types of romance and their contexts, while also exploring different styles and modes in supportive workshops.

10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 6 May 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW25A5533A

People and Places

Writing Journeys: Further Explorations

Fee **£208.00** (Concessionary Fee £166.00)

Briony Goffin

This course returns to the idea of the journey. Via a mix of travel writing and memoir, we will explore and depict the experience of leaving and arriving, retracing and returning, maps and navigation, getting lost and being found. No previous study is required for this course.

10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 30 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW25A5586A

Setting the Story

Fee **£208.00** (Concessionary Fee £166.00)

Briony Goffin

How can our writing create interesting worlds and explore the relationship between character and setting? How can we locate our narratives in place and time? We will explore era, culture, geography and weather and their place in our writing, seeking to build dimension, atmosphere, vividness and credibility into our scenes, and drawing on memories, imagination and research. This course will appeal to writers of fiction and autobiography alike.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 2 October 2025

This course will be taught online
10 Credits, Level 4
CRW25A5616A

10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 20 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW25A5616B

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from tutors
experienced in adult
learning



Inherited Tales

Fee **£208.00** (Concessionary Fee £166.00)

Briony Goffin

Focusing on stories passed down from one generation to another – anecdotes, myths, legends, hearsay, gossip, and secrets – we will seek inspiration from our ancestors and explore, through our own writing, chain reactions set in place by our forebears that continue to have repercussions today. This is an opportunity to explore the sweeping family saga, inheritance, legacy, nature and nurture and will appeal to writers of fiction and autobiography alike.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 22 January 2026

This course will be taught online
10 Credits, Level 4
CRW25A5617A

10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 5 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW25A5617B

Every Picture Tells a Story

Fee **£208.00** (Concessionary Fee £166.00)

Briony Goffin

We will take inspiration from the visual image, whether it is documentary photography, the family album, or a series of paintings. With visual prompts provided by the tutor and you, the students, we will seek to create new works of fiction and/or autobiography that explore what the image reveals, and what it conceals.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 7 May 2026

This course will be taught online
10 Credits, Level 4
CRW25A5618A

Writing Cardiff: Inspiration and the City

Fee **£208.00** (Concessionary Fee £166.00)

Hari Berrow

This module is based partly in the classroom and based partly around visiting various sites in Cardiff, including Bute Park, Cardiff Bay and Amgueddfa Cymru - Museum Wales. Students will consider the role of cityscape, art, national identity, and nature as creative writing prompts, while exploring the role of literature in shaping the city's history.

10 weekly meetings
Thursdays from 13:00 to 15:00
Starting 7 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW25A4081A

Museums and Landmarks

Writing Science Fiction and Fantasy Part 4: Historical Science Fiction and Fantasy at the Museum

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

We will focus on the creation of fantasy and Science Fiction stories written from prompts. In partnership with Amgueddfa Cymru – Museum Wales, students are invited to choose from artefacts covering a broad range of periods. Worldbuilding and character development will be discussed using the artefacts as prompts. Learn how to incorporate elements of truth into your stories. For both experienced and new creative writers.

10 weekly meetings
Tuesdays from 10:30 to 12:30
Starting 30 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW25A5615A

Framing the Gothic: Portraits in Literature

Fee **£208.00** (Concessionary Fee £166.00)

Suzie Good

From the Victorian re-working of the Faustian myth in Oscar Wilde's *The Picture of Dorian Gray*, to Virginia Woolf's *Orlando*, to Salman Rushdie's *The Moor's Last Sigh*, this course will examine how a portrait's qualities have provided writers with a means to symbolise the conflict between the real and the metaphysical. Includes a visit to the portraiture section in Cardiff's National Museum.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 7 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
LIT25A5585A

Writing Cardiff: Inspiration and the City

Fee **£208.00** (Concessionary Fee £166.00)

Hari Berrow

This module is based partly in the classroom and based partly around visiting various sites in Cardiff, including Bute Park, Cardiff Bay and Amgueddfa Cymru - Museum Wales. Students will consider the role of cityscape, art, national identity, and nature as creative writing prompts, while exploring the role of literature in shaping the city's history.

10 weekly meetings
Thursdays from 13:00 to 15:00
Starting 7 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
CRW25A4081A



STUDENT TESTIMONIAL

Jan had wanted to write all her life

Jan was married and a mother in a time in her life when most of her peers were still studying.

By the time she was 40, and her children were in education themselves, she came to the conclusion that she needed to fulfil her yearning for learning. Jan returned to college and then University and, at the age of 45, gained a Masters Degree in Cognitive Behavioural Therapy. Now retired, with time on her hands, her desire to write has brought her back into education. She enrolled on an online creative writing class with Briony Goffin. Jan commented:



“Briony is the ideal tutor and even though I have never met her in person I feel confident in being able to contact her via email should the need arise. Her weekly session enabled me to absorb and learn how to craft a piece of writing.

“The discipline of needing to produce a piece of work each week has helped me stay focused. I have gained confidence in sharing my work with others. I also think I have become a more informed reader as a result. Being able to do this remotely from my home in Devon is such a bonus.

“Have no hesitation in applying. Even if you have never written before, this course will give you the confidence to unleash your creative imagination on the page. I may never be a Booker Prize winner, but I very much hope one day to be able to say with confidence, “I am a Writer” and have my friends and family agree.



Writing for Wellbeing

Writing Neurodiversity: Processing Lived Experiences Through Poetry

Fee **£208.00** (Concessionary Fee **£166.00**)

Dr Rachel Carney

In a safe and supportive space, this neurodivergent-led course explores, articulates, processes and reflects on the neurodivergent experience, using poetry as a therapeutic tool. We will respond to negative experiences and stereotypes, celebrate our neurodivergent strengths, and use language and poetic techniques to express what it means to be neurodivergent in a neurotypical world. The course is open to anyone who has (or who thinks they might have) lived experience of neurodivergence (diagnosed, self-diagnosed, or undiagnosed). No previous writing experience is required, and experienced writers are also welcome.

10 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 20 January 2026

This course will be taught online

10 Credits, Level 4
CRW25A5620A

Scriptwriting

Writing Audio Drama

Fee **£208.00** (Concessionary Fee **£166.00**)

Rachel Smith

How can you create suspense with just the sound of a voice? How can you build character through the nuances of dialogue? This course introduces students to the fundamental skills needed to write for audio, whether in the form of radio plays, audio theatre, or fiction podcasts.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 17 September 2025

This course will be taught online

10 Credits, Level 4
CRW25A5460A

Writing for Stage and Screen

Fee **£208.00** (Concessionary Fee **£166.00**)

Rachel Smith

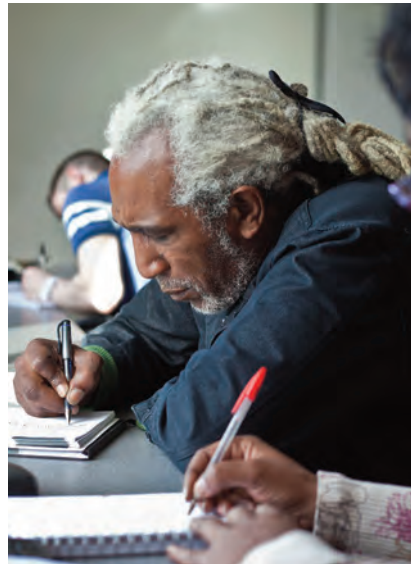
Are you curious about writing for the stage or screen? Would you like to learn the tools to write your own script? Taught by an experienced and award-winning writer and director, you'll have the opportunity to explore how to write short film and short play scripts with confidence.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 21 January 2026

This course will be taught online

10 Credits, Level 4
CRW25A5462A



Writing for the Stage I: Introduction to Playwriting

Fee **£208.00** (Concessionary Fee **£166.00**)

Hari Berrow

How does dialogue shape character? Why are silences and pauses so important in drama? What can playwrights of the past teach us about dramatic writing and how has that changed? Taught in a series of practical workshops, this module will introduce students to the basic principles of successful playwriting, from formulating an idea to developing strong characters. No previous experience is required.

10 weekly meetings

Fridays from 10:00 to 12:00
Starting 23 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
CRW25A5359A

Editing

Editing for Novelists

Fee **£208.00** (Concessionary Fee **£166.00**)

Katie Munnik

How can I turn my draft novel into a polished final manuscript? You will learn how to edit your own fiction, examining the stages and challenges of developing a fiction editor's mindset, discussing structure, the expectations of different genres and why rewriting is key to good writing.

Students will have completed a novel draft before the beginning of the course, which we will share, providing reader's feedback in a safe and encouraging atmosphere.

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 19 January 2026

This course will be taught online

10 Credits, Level 4
CRW25A5622A

Advanced and Intensive Courses

Advanced Short Film Workshop

Fee **£208.00** (Concessionary Fee **£166.00**)

Rachel Smith

Short film is one of the most dynamic and compelling modes of storytelling in modern culture. This module will help students develop their scriptwriting skills at a more advanced level, exploring both the craft itself and professional opportunities. **Some prior learning experience is required – please see website for details.**

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 6 May 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 5
CRW25A5540A

**Enrol
Early!**



Advanced Creative Writing Workshop

Fee **£208.00** (Concessionary Fee £166.00)

Rachel Smith

This module will help students develop their writing skills at a more advanced level. Building on their funds of knowledge from prior creative writing courses, students will explore how to advance their writing skills in a way that enhances their professional development as well as opportunities for having work published.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 7 May 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 5
CRW25A5567A

Creative Writing Intensive Masterclass

Fee **£208.00** (Concessionary Fee £166.00)

Sophie Squire Lifelong Learning Tutor Team

This masterclass provides the opportunity to work with published writers and expert practitioners who will encourage you not to just start writing but to keep writing. You'll try new techniques and become expert at the more familiar. No previous experience is required; however, more experienced writers are very welcome to enrol – all levels will be accommodated.

Daily from 10:00 to 15:00
Monday 11 to Friday 15 May 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
CRW25A5362A

Literature Courses

The Vampire: From Revenant to Gothic Hero

Fee **£208.00** (Concessionary Fee £166.00)

Dr Juliette Wood

At the end of the nineteenth-century, Bram Stoker transformed an obscure revenant creature into the gothic villain Dracula. This and other early literary iterations of the vampire drew on assumptions about the supernatural, revenants and antagonistic spirits. A metaphor for anxieties, desires and fears, vampires have become both frightening and domesticated through popular culture. Consider the changing nature of vampirism by examining the origins of this creature and how it has been adapted across genres.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 22 January 2026

John Percival Building,
 Colum Drive, Cardiff
 10 Credits, Level 4
FOL25A5609A



Through the Looking Glass: An Exploration of Japanese Literature

Fee **£208.00** (Concessionary Fee £166.00)

Dr Gemma Scammell

Exploring key concepts in Japanese literature, students will consider the way this genre explores contemporary ideas of who we are and how we connect to one another and the environment. Discuss what makes writers like Haruki Murakami and Kazuo Ishiguro so popular, gaining a global following and works translated into over 50 languages. Examine how Japanese writers explore topics such as grief, loneliness, adolescence, death and illness.

10 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 28 April 2026

This course will be taught online
 10 Credits, Level 4
LIT25A5600A

Framing the Gothic: Portraits in Literature

Fee **£208.00** (Concessionary Fee £166.00)

Suzie Good

From the Victorian re-working of the Faustian myth in Oscar Wilde's *The Picture of Dorian Gray*, to Virginia Woolf's *Orlando*, to Salman Rushdie's *The Moor's Last Sigh*, this course will examine how a portrait's qualities have provided writers with a means to symbolise the conflict between the real and the metaphysical. Includes a visit to the portraiture section in Cardiff's National Museum.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 7 May 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
LIT25A5585A



Pathways to a degree *in*

English Language, English Literature, Creative Writing, and Philosophy

Co-ordinating Lecturer:

Dr Michelle Deininger

Tel: **029 2087 0000**

Email:

DeiningerMJ@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

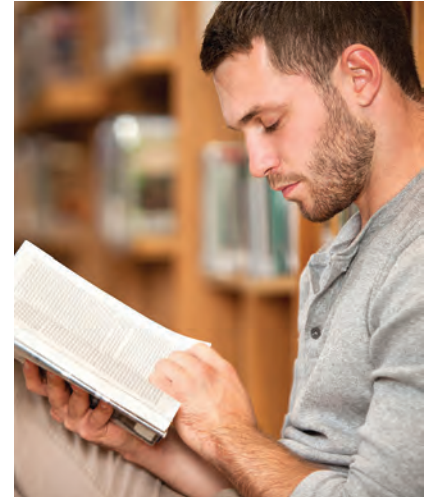
pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer an Inside Narratives pathway which will allow you to study towards these degrees at Cardiff University:

- ▶ **English Literature**
- ▶ **English Literature and Creative Writing**
- ▶ **English Language**
- ▶ **English Language and Literature**
- ▶ **Philosophy**

There are no formal entry requirements. Once you have successfully completed an Inside Narratives pathway, you are guaranteed an interview at Cardiff University.



How the Pathway works

Inside Narratives is made up of **60 credits**.
Each module is worth **10 Credits**.

To study a particular degree subject after the Pathway, you must study the appropriate core module. All the Inside Narratives core modules have the word **'Inside'** in the title.

For example, if you want to apply for the degree in English Literature and Creative Writing, pick **Inside Literature** and **Inside Creative Writing**.

If you're not sure which degree you'd like to do after the Pathway, make sure you pick a range of **core** and **optional** Pathway modules that you find interesting, totalling **60 credits**.

If you want, you can pick **ONE** suitable **10 credit module** from the main prospectus instead of a Pathway module.



Core modules

Inside Creative Writing



Fee **£280.00** (Concessionary Fee £224.00)

Tutor to be confirmed

What is the relationship between writers and writing? How can reading shape a writer's craft? Why is critical reflection important? This practical module introduces students to some of the main genres within the discipline, including the short story, poetry and creative non-fiction through both theory and practice.

9 weekly meetings
Wednesdays from 17:00 to 19:00
Starting 1 October 2025

This course will be taught online

10 Credits, Level 4
CRW25A5275A

Inside Literature



Fee **£280.00** (Concessionary Fee £224.00)

Suzie Good

What can literature tell us about the human condition? Why do authors explore the human tendency to overreach? How do texts explore the end of the world? Learn to read novels, poetry and plays reflectively and analytically through a range of dark, disturbing and dystopian perspectives.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 2 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
LIT25A5001A

Inside Philosophy



Fee **£280.00** (Concessionary Fee £224.00)

Dr Clea Rees

What is the meaning of life? What's so bad about death? Are you free to take this class, or was your choice determined even before your birth? Socrates claimed that only the examined life was worth leading. On this module, we will embark on a philosophical journey that will enable us to start examining our lives and questioning our assumptions. No previous knowledge assumed.

9 weekly meetings
Mondays from 17:00 to 19:00
Starting 26 January 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
PHI25A5311A

Inside Language



Fee **£280.00** (Concessionary Fee £224.00)

Suzie Good

This module will introduce students to some of the big questions involved in the study of language. What is language? How do children learn language? Do animals use language? We will investigate these questions and more in order to understand the value and importance of language study in the modern world.

9 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 6 May 2026

This course will be taught online

10 Credits, Level 4
ENG25A5313A

Optional modules

The Moral of the Story



Fee **£280.00** (Concessionary Fee £224.00)

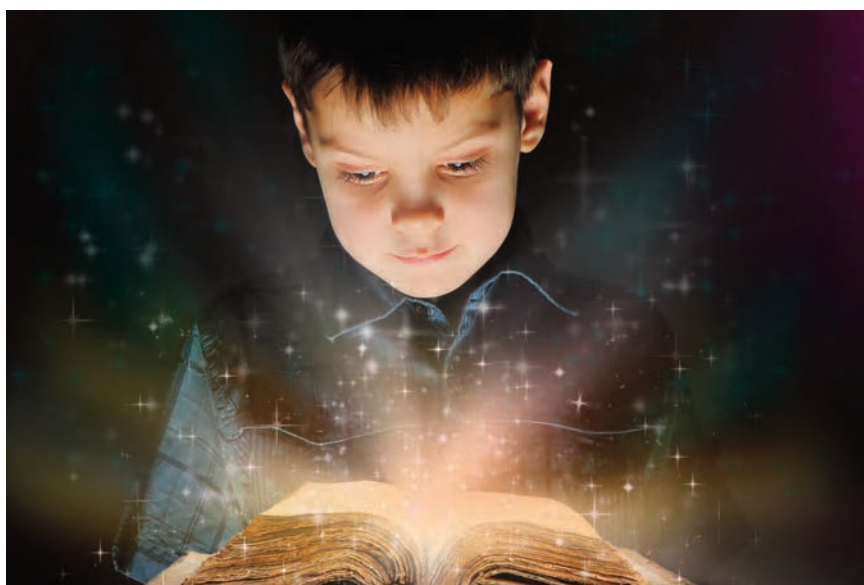
Dr Clea Rees

Does the parable of the Good Samaritan illustrate the care we owe to strangers? What can the adventures of Bilbo Baggins teach us about the nature of goodness and the roots of evil? This module will use stories as starting points for explorations of key questions in moral philosophy.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
PHI25A5022A





Magical Realism



Fee **£280.00** (Concessionary Fee £224.00)

Dr Gemma Scammell

This course introduces students to Magical Realism as a literary genre, tracing the origins of the form through to contemporary fiction. Students will analyse a selection of texts from across the globe, including writers such as Latin America's best-known author and Nobel Laureate, Gabriel García Márquez, and Japan's multi-award-winning Haruki Murakami.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 20 January 2026

This course will be taught online

10 Credits, Level 4

LIT25A5448A

Ancient Literature and Society



Fee **£280.00** (Concessionary Fee £224.00)

Dr Gina Bevan

What did it mean to be Greek or Roman? What do ancient texts reveal about attitudes to war, love, family and gender, and about voices of the marginalised? Using texts ranging from epic poetry to comedy, and including works by Homer, Sophocles, Ovid and Virgil, we will explore societies that birthed stories which continue to captivate audiences today.

9 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 21 January 2026

This course will be taught online

10 Credits, Level 4

LIT25A5501A

How to Navigate the Apocalypse



Fee **£280.00** (Concessionary Fee £224.00)

Dr Gemma Scammell

Dr Michelle Deininger

The end of the world has a long and healthy history. In this online module, we will trace the development of (post)apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

9 weeks of asynchronous study
Starting 6 May 2026

This course will be taught online

10 Credits, Level 4

MED25A5375A

Fantasy Worlds: From Tolkien to Game of Thrones



Fee **£280.00** (Concessionary Fee £224.00)

Dr Juliette Wood

Fantastic characters, beasts and adventures appear frequently in films, novels, television, computer games and many aspects of popular culture. This course will consider the relationship between fantasy novels and their historical sources, exploring how society in these tales reflects 'heroic' cultures and attitudes to magic in medieval and renaissance Europe and beyond.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 7 May 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A5338A

The World of Cinema



Fee **£280.00** (Concessionary Fee £224.00)

Suzie Good

This module explores the rich world of cinema, considering key technological, conceptual, theoretical and aesthetic issues in order to gain a better insight the films themselves, the companies that produce them, the money that goes into them, and the audiences who love, and sometimes hate, them.

9 weekly meetings
Mondays from 17:00 to 19:00
Starting 26 January 2026

This course will be taught online

10 Credits, Level 4

MED25A5310A





Pathways to a degree in

Journalism, Media and Culture

Co-ordinating Lecturer:
Dr Michelle Deininger
Tel: **029 2087 0000**
Email:
DeiningerMJ@cardiff.ac.uk

Pathways Coordinator:
Dr Catherine Phelps
Tel: **029 2087 0000**
Email:
pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will allow you to study towards these degrees at University:

- ▶ **Journalism and Communications**
- ▶ **Journalism, Media and English Literature**
- ▶ **Media and Communications**
- ▶ **Media, Journalism and Culture**

There are no formal entry requirements. Once you have successfully completed a pathway, you are guaranteed an interview at Cardiff University.



How the Pathway works

The **Pathway to Media** is made up of 60 credits.

To complete the Pathway you must study the Core Module, **Introduction to Social Science** (20 credits)

Option 1:

Pick **FOUR** other modules on the Media Pathway to get your 60 credits.

Media Pathway Modules

Propaganda and Persuasion, The World of Cinema, Inside Language, How to Navigate the Apocalypse, Digital Society

Option 2:

Pick **THREE** Media Pathway courses, plus **ONE** other suitable module from the main prospectus.

Other suitable modules* include:

Inside Creative Writing
Writing for Stage and Screen
Creative Nonfiction

**Other options may also be available at the discretion of the Co-ordinating Lecturer.*



Digital Society



Fee **£208.00** (Concessionary Fee £166.00)

Dr Cate Correia Hopkins

Digital Society provides a critical examination of how digital technologies are transforming social life, culture, politics, and the economy. The emergence of new technologies like social media, algorithms, AI, and platform economies raise profound sociological questions about identity, community, inequality, work, governance, and human relationships. The course aims to provide a sociological framework for addressing policy issues surrounding justice, rights, and the public good in an increasingly technologized era. Students come away with enhanced abilities to evaluate technological impacts from a sociological perspective.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 13 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

SOC25A5572A

Introduction to Social Science



Fee **£560.00** (Concessionary Fee £448.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 9 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A4968A

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 6 January 2026

This course will be taught online

20 Credits, Level 4

SOC25A4968B

The World of Cinema



Fee **£280.00** (Concessionary Fee £224.00)

Suzie Good

This module explores the rich world of cinema, considering key technological, conceptual, theoretical and aesthetic issues in order to gain a better insight into films themselves, the companies that produce them, the money that goes into them, and the audiences who love, and sometimes hate, them.

9 weekly meetings
Mondays from 17:00 to 19:00
Starting 26 January 2026

This course will be taught online

10 Credits, Level 4

MED25A5310A

Propaganda and Persuasion



Fee **£280.00** (Concessionary Fee £224.00)

Dr Dafina Paca

'War is Peace. Freedom is Slavery. Ignorance is Strength.' This iconic slogan from Orwell's 1984 captures the way propaganda often contradicts our understanding of 'truth'. This module explores the language and iconography of propaganda, the rise of mass communication, and how understanding is shaped by the language of persuasion.

9 weekly meetings
Thursdays from 19:00 to 21:00
Starting 29 January 2026

This course will be taught online

10 Credits, Level 4

MED25A5304A

How to Navigate the Apocalypse



Fee **£280.00** (Concessionary Fee £224.00)

Dr Gemma Scammell

Dr Michelle Deininger

The end of the world has a long and healthy history. In this online module, we will trace the development of (post)apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

9 weeks of asynchronous study
Starting 6 May 2026

This course will be taught online

10 Credits, Level 4

MED25A5375A

Enrol Now!

Introducing Bioethics

Fee **£208.00** (Concessionary Fee £166.00)

Dr Clea Rees

Could somebody have five parents? Should our descendants be non-human? Is 'letting die' better than euthanasia? Is neurodiversity misclassified as disability? What distinguishes non-conformity from insanity? How does oppression shape experiences of mental illness? This module explores ethical challenges in medicine, genetics and neuroscience. No previous philosophy required.

10 weekly meetings
Mondays from 14:00 to 16:00
Starting 29 September 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A5583A

The Enquiring Mind: Introduction to Philosophy

Fee **£208.00** (Concessionary Fee £166.00)

Dr Julian Ryall

Philosophy teaches us how to question the familiar, challenge the conventional, and better understand the world around us. Taking a thematic approach, this course will examine some of the principal issues in philosophy: art and society; knowledge and scepticism; perception; realism and scientific objectivity; language and thought; values and responsibilities; existence and God. No previous knowledge of philosophy will be assumed.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A5161A

Introducing Social and Political Philosophy

Fee **£208.00** (Concessionary Fee £166.00)

Dr Clea Rees

What grounds political authority? Which forms of government are just? What is oppression? What is the nature of equality? This course introduces students to a variety of topics in social and political philosophy, focusing primarily on ideas from the western analytic tradition. No previous knowledge of philosophy is assumed.

10 weekly meetings
Mondays from 14:00 to 16:00
Starting 26 January 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A4669A

Inside Philosophy

Fee **£280.00** (Concessionary Fee £224.00)

Dr Clea Rees

What is the meaning of life? What's so bad about death? Are you free to take this class, or was your choice determined even before your birth? Socrates claimed that only the examined life was worth leading. On this module, we will embark on a philosophical journey that will enable us to start examining our lives and questioning our assumptions. No previous knowledge assumed.

9 weekly meetings
Mondays from 17:00 to 19:00
Starting 26 January 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A5311A



The Moral of the Story

Fee **£280.00** (Concessionary Fee £224.00)

Dr Clea Rees

Does the parable of the Good Samaritan illustrate the care we owe to strangers? What can the adventures of Bilbo Baggins teach us about the nature of goodness and the roots of evil? This module will use stories as starting points for explorations of key questions in moral philosophy.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A5022A

Core Problems of Western Philosophy

Fee **£208.00** (Concessionary Fee £166.00)

Dr Julian Ryall

Did the world have a beginning in time or is it infinite? Can an artificial intelligence ever be self-aware? This course addresses some of the core problems of philosophy and potential solutions, while enriching our understanding of ourselves and the world we inhabit. No previous knowledge of philosophy is assumed.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 January 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
PHI25A5306A



Archaeology and Art

The Social History of Art, 1700s-1830s: Further Explorations

Fee **£208.00** (Concessionary Fee £166.00)

Dr Angela Morelli

Learn about people, places and society through studying art and visual culture in the long eighteenth century – a period of significant change including the Enlightenment, Industrial Revolution, French Revolution, and the rise and fall of Napoleon Bonaparte. Explore the work of satirists as they mocked Georgian culture and society, politicians and the monarchy with cartoons. Building on subjects studied in **An Introduction to the Social History of Art**, but no prior knowledge is assumed.

10 weekly meetings
Fridays from 11:00 to 13:00
Starting 3 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
AAA25A5608A

Greek Art: An Artistic and Cultural Journey from Prehistory to the Byzantine Age

Fee **£208.00** (Concessionary Fee £166.00)

Dr Christina Hatzimichael Whitley

Examining sculpture, architecture, painted pottery and wall painting, we will explore Greek art and culture from the Bronze Age to the Byzantine period (2000 BCE - 1500 AD). Setting artistic developments in their social, political and historical context and covering sites including Athens, Olympia, Delphi and Constantinople, we will consider themes including gender, sexuality, burial, religion, landscape and the countryside.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 6 October 2025

This course will be taught online
 10 Credits, Level 4
ARC25A5568A



Navigating the Minoan Labyrinth: Unveiling Minoan Art, Archaeology and Civilisation

Fee **£208.00** (Concessionary Fee £166.00)

Dr Christina Hatzimichael Whitley

Popular knowledge about Bronze Age Crete is clouded by myths about heroes and monsters, widely-known legends which obscure our understanding of the Minoans, a civilisation which dominated Crete for almost 2000 years. This course will introduce students to the art and archaeology of the early, middle and late Bronze Age in Crete.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 6 May 2026

This course will be taught online
 10 Credits, Level 4
AAA25A5386A

Folklore

An Introduction to Celtic Mythology and Religion

Fee **£208.00** (Concessionary Fee £166.00)

Dr Juliette Wood

What do we mean when we talk about Celtic culture and religion? Were the Celts the ancient mystics and conquering heroes of romantic literature? This course considers the complex world of Celtic mythology and religion, using history, archaeology and literature to explore how the people we have come to call Celtic viewed their world. We will discuss changing attitudes to Celtic identity and the influence of urbanization and globalization on ideas about Celticism.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 2 October 2025

This course will be taught online
 10 Credits, Level 4
CEL25A5611A



The Vampire: From Revenant to Gothic Hero

Fee **£208.00** (Concessionary Fee £166.00)

Dr Juliette Wood

At the end of the nineteenth-century, Bram Stoker transformed an obscure revenant creature into the gothic villain Dracula. This and other early literary iterations of the vampire drew on assumptions about the supernatural, revenants and antagonistic spirits. A metaphor for anxieties, desires and fears, vampires have become both frightening and domesticated through popular culture. Consider the changing nature of vampirism by examining the origins of this creature and how it has been adapted across genres.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 22 January 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

FOL25A5609A

Red Star Rising: The Soviet Union, 1917–45

Fee **£208.00** (Concessionary Fee £166.00)

Dr Ben Curtis

The Russian Revolution (1917) and establishment of the Soviet Union (USSR) were momentous events. This course explores the background to the Revolution, and the dramatic history of the Soviet Union from its formation, through the Second World War and on to the Cold War. We will examine key themes and debates with continuing relevance in the uncertain political circumstances of today.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught online

10 Credits, Level 4

HIS25A5239A



Cardiff, Metropolis of Wales: People, Places, History

Fee **£208.00** (Concessionary Fee £166.00)

Dr Elizabeth Jones

From the hillfort at Caerau-Ely to Roman and Norman invasions and the building of Cardiff Castle, and on to Reformation, Civil War, coal and culture, this course examines the growth and development of Cardiff. We will explore the buildings and people that have shaped the city and discuss how its identity has changed in response to local, national and international events.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 7 May 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A5569A

Historical Studies

"For Wales, see England"? History and National Identity in 19th Century Wales

Fee **£208.00** (Concessionary Fee £166.00)

Dr Elizabeth Jones

How did Wales become the nation we know today? We will explore industrial and agricultural developments that transformed economy, landscape, society, politics and culture in nineteenth-century Wales. On our journey, we will enter the lives of the people, exploring occupations, housing, education, religion and recreation, discovering how changes impacted all aspects of Welsh life and identity.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A5552A





Photography: Stephen Parker

The History of Garden Design

Gardens are the New Galleries: Artists and their Gardens

Fee £208.00 (Concessionary Fee £166.00)

Stephen Parker

Embark on a grand tour of gardens created and depicted by painters, writers, photographers and sculptors. Drawing on examples from Britain, Europe and America – consider their importance in garden and landscape history. Explore 'the Secret Garden', occurring in many artistic forms, allowing for discussion of the artists' gardens as sanctuaries. Examining both traditional and contemporary gardens, we will also focus on modern garden creators and innovators making the most exciting gardens today.

10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 1 October 2025

This course will be taught online
 10 Credits, Level 4
HIS25A5612A

Undocumented Pioneers: A History of Women and Gardens

Fee £208.00 (Concessionary Fee £166.00)

Stephen Parker

Explore pioneering women gardeners: creators of grand estates, public parks and municipal landscapes from the 17th century to the modern era, going beyond better-known gardens designed by Jekyll and Lindsay. Examine contemporary women garden designers' influential presence at exhibitions and shows at Chelsea and Hampton Court, as well as European innovation at the Chaumont International Festival of Gardens and Jardins, Jardins in Paris, the German Landesgartenschau and the development of American urban parks and spaces.

10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 21 January 2026

This course will be taught online
 10 Credits, Level 4
HIS25A5610A

Beyond the Picket Fence: The New Suburban Garden

Fee £208.00 (Concessionary Fee £166.00)

Stephen Parker

The suburban garden provides a vision of the hopes and dreams of gardeners past and present. Explore how this recent format, transported by the British throughout the world, reflects identity and culture, created to make cities more liveable, connecting contemporary architecture and post-industrial development. Explore the formats: courtyards, rooftops, parks, small green spaces, vertical gardens and forests. Examine the makers: designers, artists, architects and activists. Discuss the benefits and challenges of the new suburban garden.

10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 29 April 2026

This course will be taught online
 10 Credits, Level 4
HIS25A5607A

Music

Composing Music Workshop Online

Fee £469.00 (Concessionary Fee £422.00)

Dr Gareth Churchill

This course offers personal, long distance tutorial support (usually via e-mail) to new and experienced composers who want to pursue a project of their own. The nature of the study will be tailored to the student's individual requirements. The course is primarily aimed at students writing in a contemporary Western art music classical style in an acoustic instrumental and/or vocal idiom.

Enrolment in advance, accompanied by a statement of your interests, is essential.

Starting 29 September 2025

This course will be taught online
 10 Credits, Level 4
MPR24A4549A

Starting 19 January 2026

This course will be taught online
 10 Credits, Level 4
MPR24A4549B



Pathways to a degree in

History, Archaeology and Religion

Exploring the Past Coordinator

Dr Paul Webster

Tel: **029 2087 5610**

Email:

WebsterP@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



The Exploring the Past Pathway provides a route to studying undergraduate degrees at Cardiff University in:

- ▶ **Archaeology**
- ▶ **Archaeology and History**
- ▶ **History**
- ▶ **Modern History and Politics**

There are no formal entry requirements. Once you have successfully completed an Exploring the Past pathway, you are guaranteed an interview at Cardiff University.

How the pathway works

The **Exploring the Past** Pathway is made up of six 10-credit modules, including:-

At least...
ONE 10-credit core module from Group 1

AND FIVE 10-credit option modules from Group 2

OR FOUR 10-credit option modules from Group 2 **PLUS** an appropriate 10-credit module from the wider programme.

Group 1: Core Modules

Exploring World Religions



Fee **£280.00** (Concessionary Fee £224.00)

Dr Gina Bevan

What is religion? How do we study it? We will explore religions from around the world, introducing different faiths and diverse global religious traditions, and asking wider questions surrounding texts, practices, authority and identity. We will consider issues religions face today, such as migration, technology, secularisation and the emergence of 'new religions'.

9 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 30 September 2025

This course will be taught online

10 Credits, Level 4

REL25A5484A



Exploring the Past: What is History?



Fee **£280.00** (Concessionary Fee £224.00)

Dr Elizabeth Jones

What is history? How is history presented? How do we find out about history? Why do we argue about the past and its influence on our lives? This module will explore the role of the historian, from the presentation of history in the world around us, to the history of politics, nations, society and cultures, and the global and diverse approaches of today.

9 weekly meetings

Thursdays from 18:00 to 20:00

Starting 2 October 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A5520A

Exploring the Past: Archaeology



Fee **£280.00** (Concessionary Fee £224.00)

Dr Christina Hatzimichael Whitley

Archaeologists do much more than dig, but what is archaeology and what do archaeologists do? This course introduces approaches and techniques, exploring the reconstruction of past landscape and agriculture, technology, trade, diet, burial practices, beliefs, cultural identities and the lives of individuals and communities.

9 weekly meetings

Mondays from 17:00 to 19:00

Starting 19 January 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A4599A

Salman's inspirational journey to Higher Education

Salman arrived in the UK as an asylum seeker with limited English, facing immense challenges including homelessness and years of uncertainty while waiting for his leave to remain. Despite these difficulties, he held onto his belief in the power of education to change lives.

Salman started to look for available courses and discovered the Exploring the Past pathway as a route to a degree in history, archaeology or religion. The pathway was an opportunity to improve his academic skills and became an introduction to university life:



“

Academic writing and engaging in academic discussions were key skills I gained, thanks to the incredible guidance of my tutors. Their support and expertise helped me build confidence in expressing my ideas in a structured and scholarly way.

”

Salman completed the Pathway:

“

The course not only met but far exceeded my expectations. I was genuinely surprised by the level of care and support I received inside and outside the classroom—especially from Dr Paul Webster, to whom I am deeply grateful. The experience was beyond amazing, particularly in terms of the diversity and inclusion fostered by Cardiff University. Coming from a refugee background, I felt truly welcomed, valued, and supported every step of the way, including during my university applications. Thanks to this support, I received offers from Durham, Glasgow and Cardiff University—an incredible achievement that I could not have imagined without the encouragement and guidance I received.

”



Group 2: Option Modules

If These Finds Could Talk: The Archaeology of Objects

Fee £280.00 (Concessionary Fee £224.00)

Dr Katie Faillace

What do archaeologists do with the things that they find? How can we use finds from archaeological sites to explore the past, and how can finds be preserved and presented for current and future generations? We will consider objects, museums, and presentation of the past, allowing you to compile your own 'digital museum', assessing sites, finds and their significance.

9 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 1 October 2025

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
ARC25A5335A

Ancient Literature and Society

Fee £280.00 (Concessionary Fee £224.00)

Dr Gina Bevan

What did it mean to be Greek or Roman? What do ancient texts reveal about attitudes to war, love, family and gender, and about voices of the marginalised? Using texts ranging from epic poetry to comedy, and including works by Homer, Sophocles, Ovid and Virgil, we will explore societies that birthed stories which continue to captivate audiences today.

9 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 21 January 2026

This course will be taught online
10 Credits, Level 4
LIT25A5501A

People, Identity and Society: The Making of Modern Britain

Fee £280.00 (Concessionary Fee £224.00)

Dr Elizabeth Jones

Where do our identities come from? What is their history? How did society in Britain develop into the diverse communities of today? We will explore ideas of Four Nations history, before investigating the influence of Empire, slavery, perceptions of class, and the impact of World Wars. We will consider perceptions of race, gender, and sexuality, revealing hitherto unheard historical voices.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 29 January 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
HIS25A5521A

Global Queenship

Fee £280.00 (Concessionary Fee £224.00)

Dr Charlotte Pickard

What was the role of the queen in the pre-modern world? We will explore queenship, considering queens as mothers, consorts, strong political figures and rulers in their own right, as patrons of religion and culture, and how they have been remembered. We will compare and contrast pre-modern queens, introducing vibrant scholarship which reinstates royal women as leaders in pre-modern societies across the world.

6 weekly meetings
Tuesdays from 18:00 to 20:00
Plus 6 asynchronous online hours
Starting 10 February 2026

This course will be taught online
10 Credits, Level 4
HIS25A5523A



Fantasy Worlds: From Tolkien to Game of Thrones



Fee **£280.00** (Concessionary Fee £224.00)

Dr Juliette Wood

Fantastic characters, beasts and adventures appear frequently in films, novels, television, computer games and many aspects of popular culture. This course will consider the relationship between fantasy novels and their historical sources, exploring how society in these tales reflects 'heroic' cultures and attitudes to magic in medieval and renaissance Europe and beyond.

9 weekly meetings

Thursdays from 18:00 to 20:00
Starting 7 May 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS25A5338A

Life, Love and Death in Early Modern England



Fee **£280.00** (Concessionary Fee £224.00)

Dr Rachel Bowen

On first glance, life in early modern England followed a similar pattern to our own, but closer analysis shows that life stages and rituals were often quite different. This course explores the life cycle in early modern England from birth to death, examining topics including childhood, marriage, work and old age.

7 weekly meetings

Mondays from 18:00 to 20:00
Plus 4 asynchronous online hours
Starting 11 May 2026

This course will be taught online

10 Credits, Level 4

HIS25A5271A

Ideas of Empire: From Persia to Putin



Fee **£280.00** (Concessionary Fee £224.00)

Dr Alun Williams

What is an empire? How did ancient empires influence later imperial projects, up to the present day? We will examine empires including Assyria, Persia, Rome, the Renaissance empires forged in the 'New World', and more recent imperial visions of the World Wars, Cold War and post-Soviet era. Did ancient ideas, ideologies and practices of empire influence their successors and, if so, how?

3 meetings

Saturdays from 10:00 to 16:00
6, 13 and 27 June 2026

This course will be taught online

10 Credits, Level 4

HIS25A5486A

CARDIFF
UNIVERSITY

PRIFYSGOL
CAERDYDD

Lifelong Learning

Dysgu Gydol Oes

The *Exploring the Past* **FREE** Lecture series

Our monthly free lecture series presents an exciting window into history, archaeology, literature and religion, providing a glimpse into research carried out by Cardiff University academics and beyond to give you a taste of academic study.

Our popular series will be continuing online in 2025-26, and we will publish the lecture titles and dates on our website in advance of each talk, as well as emailing our students and subscribers with information on how to sign up.

If you would like to join our mailing list for information about the lectures, contact Dr Paul Webster: **websterp@cardiff.ac.uk**

Modern Languages

For language queries please contact
 Tel: **029 2087 0000** Email: **Learn@cardiff.ac.uk**
 Chinese Courses: **Prof Guoxiang Xia**
 Tel: **029 2087 5234** Email: **XiaG@cardiff.ac.uk**



Learn with us and...
 receive expert tuition from native speakers

Arabic

Arabic: Beginners I

Fee **£244.00** (Concessionary Fee £195.00)

This course is aimed at absolute beginners and will introduce students to the Arabic language and culture. The emphasis will be on developing speaking and listening skills. Students will also get a good impression of the outlook and day-to-day life of the Arabic speaking world.

• **Dr Buthenah Davies**

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
ARA25A4633A

• **Sefat Salama**

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 October 2025

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
ARA25A4633B

Arabic: Beginners II

Fee **£244.00** (Concessionary Fee £195.00)

• **Dr Buthenah Davies**

This course is aimed at students who have attended **Arabic: Beginners I**, or have some very basic knowledge of Arabic. It is not appropriate for absolute beginners of the language.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 January 2026

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
ARA25A4634A



This table helps you find your level however we know that in some cases this can be difficult. This is why you have the option of switching from one course to another during the first few weeks.

Recommended Level of Competence at Entry	Stages	Level of Competence reached at end of stage course (All Languages)	Common European Framework of Reference
You have no previous knowledge of the language.	STAGE A	Basic survival skills: understanding basic written and spoken texts; taking part in simple conversation; conveying simple information in writing.	Preparation for A1
	STAGE A+	Stage A+ has been created as a bridge between Stage A and Stage B.	
You may have studied the language a long time ago and you may be a bit rusty now (one year's part-time study or 'rusty' GCSE in the language studied).	STAGE B	You should have a sufficient vocabulary for coping with everyday situations with predictable content and simple survival needs. You should be able to handle very short social exchanges. You should be able to understand a simple description.	Preparation for A2
	STAGE C	You should be able to confidently cope with everyday situations. You should be able to make and respond to invitations, apologies, etc. You should be able to understand a simple and direct exchange of limited information on familiar and routine matters.	
You may have had a good command of the language some time ago and you want to re-activate and build upon your comprehension and expression (three years' part-time study or 'rusty' A-Level in the language studied).	STAGE D	You should have enough language to get by, with sufficient vocabulary to understand topics such as family, hobbies and interests, work, travel, and current events. You should be able to understand the main points in an idea or problem with reasonable precision.	Preparation for B1
	STAGE E	You should have a sufficient range of language to be able to understand descriptions and arguments on most topics related to family, hobbies and interests, work, travel, and current events. You should be able to identify unfamiliar words from the context on topics related to your field/interests.	
You have recently completed an A- Level in the language studied and you are ready to take it a step further (four years' part-time study or A-Level in the language studied).	STAGE F	You should be able with some effort to keep up with fast and colloquial discussions. You should be able to understand detailed information reliably.	Preparation for B2
	STAGE G/H	You should have a good command of broad lexical repertoire and a good command of idiomatic expressions and colloquialisms. You should be able to understand language effectively for social purposes, including emotional, allusive and joking usage.	
You have a very good working knowledge of the language and you want a stimulating course to match and stretch your competencies (five years' part-time study or Advanced Stage E).			
You have an excellent command of the language and use it on a regular basis. This level will enhance your near-native language skills (six years' part-time study or Advanced Stage F).			

International Language Examinations in Chinese, French, German, Italian and Spanish

You can sit the following examinations (subject to availability).

- **DELF/DALF (French)**
- **CILS (Italian)**
- **DELE (Spanish)**
- **Goethe Zertifikat (German)**
- **HSK (Chinese)**

For more information, please contact us at
 email: languages@cardiff.ac.uk Tel: **029 2068 8832**
www.cardiff.ac.uk/modern-languages/about-us/international-language-qualifications

Chinese



Our Chinese courses are taught by the tutors of the Cardiff Confucius Institute which is located in the university's School of Modern Languages.

Specialised in high quality language teaching, the Institute is a partnership with Xiamen University in China where most tutors have studied. They are qualified to teach Chinese as a Foreign Language and place a strong emphasis on culture content in their courses. Internationally recognised language qualifications (HSK) are also available throughout the year. Please visit our website for more details: www.cardiff.ac.uk/confucius-institute/



Chinese: Beginners I

Fee **£244.00** (Concessionary Fee £195.00)

The module is designed for those who have no previous knowledge of the Chinese language. It focuses on developing skills of speaking and understanding everyday Chinese, reading and typing/writing simplified Chinese characters in alphabetic pinyin. Students will also learn the basic Chinese sentence structures and get to know Chinese culture.

Shaorong Lin
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4637A

Shaorong Lin
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4637B

Tutor to be confirmed
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 27 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4637C

Chinese: Beginners II

Fee **£244.00** (Concessionary Fee £195.00)

The module is designed for those who have learned some basic Chinese. It will continue to develop the skills of listening, speaking, reading and writing for daily life situations. Students will learn to identify and write Chinese characters and to use basic grammatical structures for practical purposes with knowledge of relevant Chinese culture. It is not appropriate for absolute beginners.

Tutor to be confirmed
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4638A

Tutor to be confirmed
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4638B

Tutor to be confirmed
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 28 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

CHI25A4638C

Chinese: Improvers

Fee **£472.00** (Concessionary Fee £378.00)

This module aims to improve learners' proficiency in Chinese. Learners will continue to develop their listening, speaking, reading and writing skills with more advanced topics. They will learn to identify and write more Chinese characters and to use more grammatical structures for practical purposes. Learners will be introduced to more knowledge of Chinese culture.

Shaorong Lin
24 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

CHI25A1002A

Tutor to be confirmed
24 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 13 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

CHI25A1002B





French

French: Beginners - Stage A

Fee **£472.00** (Concessionary Fee £378.00)

Stéphane Jenaer

28 weekly meetings
Thursdays from 17:00 to 19:00
Starting 2 October 2025

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

FRE25A2607A

French: Improvers – Stage B

Fee **£472.00** (Concessionary Fee £378.00)

Romina Ciraci

28 weekly meetings
Thursdays from 12:00 to 14:00
Starting 25 September 2025

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

FRE25A2608A

French: Higher Intermediate - Stage D

Fee **£472.00** (Concessionary Fee £378.00)

Romina Ciraci

28 weekly meetings
Thursdays from 17:00 to 19:00
Starting 25 September 2025

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

FRE25A2610A

Chinese: Intermediate

Fee **£472.00** (Concessionary Fee £378.00)

Tutor to be confirmed

This module aims to increase learners' proficiency in Mandarin Chinese. Learners will develop their speaking and listening skills with more advanced topics. They will acquire skills of reading and comprehending intermediate-level Chinese texts and of writing paragraphs in Chinese characters with more advanced grammatical structures and knowledge of Chinese culture.

24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 25 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

CHI25A4643A

Chinese: Advanced

Fee **£472.00** (Concessionary Fee £378.00)

Shaorong Lin

This module aims to increase learners' proficiency in Mandarin Chinese. Learners will develop their speaking and listening skills with more advanced topics. They will acquire skills of reading and comprehending intermediate-level Chinese texts and of writing paragraphs in Chinese characters with more advanced grammatical structures and knowledge of Chinese culture.

24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 25 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

CHI25A5137A

Chinese: Higher Intermediate

Fee **£472.00** (Concessionary Fee £378.00)

Tutor to be confirmed

The module is to improve learners' Chinese language skills to a fairly advanced level. Learners will learn to communicate with native speakers, to form new words and expressions with knowledge of characters, and to write paragraphs in Chinese characters with more advanced grammatical structures and knowledge of Chinese culture.

24 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

CHI25A4644A



STUDENT TESTIMONIAL



I have always loved French since I studied it at 'A' level in the late 1960s. I took it for granted that I could maintain a level of fluency, but about six years ago, I had to acknowledge that standards were slipping. So I looked to the university to rescue me. Several courses later, and two visits to Nantes on the adult exchange programme, which I can't praise too highly, I am once again happy to speak out in class.



French: Lower Advanced - Stage E

Fee £472.00 (Concessionary Fee £378.00)

● **Stéphane Jenaer**

● **28 weekly meetings**

● **Tuesdays from 19:30 to 21:30**

● **Starting 30 September 2025**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

FRE25A2611A

French: Higher Advanced - Stage G

Fee £472.00 (Concessionary Fee £378.00)

● **Stéphane Jenaer**

● **28 weekly meetings**

● **Wednesdays from 19:00 to 21:00**

● **Starting 30 September 2025**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 5

FRE25A2612A

Parler Franc 2

Fee £472.00 (Concessionary Fee £378.00)

● **Hamid Sahki**

Ce cours est d'un niveau supérieur avancé qui s'adresse aux étudiants qui souhaitent perfectionner leur connaissance de la langue, de la société et de la culture française. Organisé afin de pratiquer tous les aspects de la langue (Oral, Ecrit, Audio), ce cours inclura de nombreuses conversations en classe, animé de débats sur des thèmes actuels de société, arts, patrimoine, histoire, musique, culture, sciences et techniques: tous les sujets sont abordés et analysés (niveau DALF C1).

● **28 weekly meetings**

● **Thursdays from 10:00 to 12:00**

● **Starting 2 October 2025**

Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 5

FRE25A5561A



Enrol early!



German: Intermediate - Stage C

Fee **£472.00** (Concessionary Fee £378.00)

Doris Wagner
28 weekly meetings
Mondays from 19:00 to 21:00
Starting 6 October 2025

This course will be taught remotely via an interactive online classroom
 30 Credits, Level 4
GER25A2615A

German: Higher Intermediate - Stage D

Fee **£472.00** (Concessionary Fee £378.00)

Claire Morris
28 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
GER25A2616A

German

German: Beginners – Stage A

Fee **£472.00** (Concessionary Fee £378.00)

Denise Micic
28 weekly meetings
Fridays from 10:00 to 12:00
Starting 3 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
GER25A2613A

Dr Sabina Barczyk-Wozniak
28 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 January 2026

This course will be taught remotely via an interactive online classroom
 30 Credits, Level 4
GER25A2613B

German: Improvers – Stage B

Fee **£472.00** (Concessionary Fee £378.00)

Doris Wagner
28 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 October 2025

This course will be taught remotely via an interactive online classroom
 30 Credits, Level 4
GER25A2614A

German: Advanced - Stage F

Fee **£472.00** (Concessionary Fee £378.00)

Doris Wagner
28 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
GER25A2723A

Enrol now!



Greek

Greek: Beginners I

Fee **£244.00** (Concessionary Fee £195.00)

Dr Christina Hatzimichael Whitley

This course is for absolute beginners. Students will learn to read the Greek alphabet and will be introduced to Greek grammar and sentence construction. Basic conversation and language structures will be covered and by the end of the course students will be able to read Greek, order food/drinks in a restaurant, introduce themselves and carry some basic conversation in Greek.

12 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 8 October 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
GRE25A1678A

Greek: Beginners II

Fee **£244.00** (Concessionary Fee £195.00)

Dr Christina Hatzimichael Whitley

This follow-on course from **Greek: Beginners I** will further improve oral, written and listening skills. We will build on vocabulary, phrases and writing in Greek. The students who join this course should be able to read Greek and have some basic vocabulary, it is not suitable for absolute beginners.

12 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 28 January 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
GRE25A1679A

Greek: Improvers - Stage B

Fee **£406.00** (Concessionary Fee £325.00)

Dr Christina Hatzimichael Whitley

This course is aimed at students who have attended **Greek: Beginners II** or had some formal or informal Greek lessons in the past. The students will be introduced to more complex sentence constructions and more advanced grammar. There will be particular emphasis put on listening and oral skills.

20 weekly meetings

Mondays from 19:00 to 21:00
Starting 6 October 2025

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
GRE25A4544A

Greek: Intermediate - Stage C

Fee **£472.00** (Concessionary Fee £378.00)

Dr Christina Hatzimichael Whitley

This course is aimed at students who have studied Greek for two years part-time. It builds on the grammar base acquired in previous studies but the emphasis is on communication and comprehension skills. General topics covered in previous courses will be revised and extended and your knowledge of Greek culture and society will be further developed through the introduction of new themes.

24 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 7 October 2025

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
GRE25A4318A

Italian

Italian: Beginners – Stage A

Fee **£472.00** (Concessionary Fee £378.00)

Dr Bruna Chezzi

28 weekly meetings

Thursdays from 10:00 to 12:00
Starting 2 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
ITA25A2618A

Italian: Beginners – Stage A

Fee **£406.00** (Concessionary Fee £325.00)

Dr Luca Paci

The course aims to provide you with a grounding in the basic grammatical structures of Italian in order to communicate at basic level in essential social and survival situations in Italy.

20 weekly meetings

Mondays from 17:00 to 19:00
Starting 19 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
ITA25A4846A

Learn with us and...
become competitive in the international job market





Italian: Improvers – Stage B

Fee **£472.00** (Concessionary Fee £378.00)

Dr Bruna Chezzi
28 weekly meetings
Tuesdays from 12:00 to 14:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA25A2619A

Italian: Higher Intermediate - Stage D

Fee **£472.00** (Concessionary Fee £378.00)

Dr Bruna Chezzi
28 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 1 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA25A2621A

Italian: Lower Advanced - Stage E

Fee **£472.00** (Concessionary Fee £378.00)

Dr Bruna Chezzi
28 weekly meetings
Wednesdays from 12:00 to 14:00
Starting 1 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA25A2721A

Italian: Lower Intermediate - Stage C

Fee **£472.00** (Concessionary Fee £378.00)

Dr Bruna Chezzi
28 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA25A2620A

Rossella Grillo
28 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025
This course will be taught remotely via an interactive online classroom
 30 Credits, Level 4
ITA25A2620B



Italian: Higher Advanced - Stage G

Fee **£472.00** (Concessionary Fee £378.00)

Rossella Grillo
28 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught remotely via an interactive online classroom
 30 Credits, Level 5
ITA25A3528A



Media, Culture and Society in Contemporary Italy

Fee £472.00 (Concessionary Fee £378.00)

Dr Luca Paci

This module examines the dynamic relationship between media, culture and society in contemporary Italy. It explores how the Italian media landscape has evolved, the cultural values and norms reflected in media content and the societal impacts of media consumption and production. Students will gain a nuanced understanding of the complex interplay between Italy's media industry, its cultural heritage, and the broader social transformations occurring within the country. Taught through the medium of Italian.

28 weekly meetings
Tuesdays from 13:00 to 15:00
Starting 30 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 5
ITA25A5563A

Italiani nel mondo

Fee £208.00 (Concessionary Fee £166.00)

Dr Bruna Chezzi

L'Italia ha una lunga storia di emigrazione in vari paesi del mondo e attraverso i secoli a partire soprattutto dall'Ottocento. L'arretratezza agricola spinse migliaia di lavoratori, che vivevano in situazioni precarie, ad abbandonare la penisola alla ricerca di una vita e un futuro migliori. In questo corso, parleremo dei vari flussi migratori nelle Americhe, in Europa e Gran Bretagna. Il corso, adatto per studenti con un buon livello di italiano, si focalizzerà soprattutto su quei 'personaggi che hanno avuto fortuna all'estero e che hanno fatto grande l'Italia all'estero. Vedremo documentari, ascolteremo interviste, leggeremo articoli e memorie.

10 weekly meetings
Thursdays from 12:00 to 14:00
Starting 2 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 5
ITA25A5290A



Japanese

Japanese: Beginners I

Fee £244.00 (Concessionary Fee £195.00)

Terumi Blackmore

This course is aimed at absolute beginners and will introduce students to the Japanese language and culture. Students will learn Hiragana and get ample opportunity to practise basic conversation.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 22 September 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
JPN25A1074A

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 23 September 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
JPN25A1074B

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
JPN25A1074C

Japanese: Beginners II

Fee £244.00 (Concessionary Fee £195.00)

Terumi Blackmore

This course is aimed at students who have attended Japanese for Beginners I or have some very basic knowledge of Japanese. It is not appropriate for absolute beginners of the language. The course covers Katakana. A wider range of grammatical structures will also be taught.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 19 January 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
JPN25A1377A

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 28 April 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
JPN25A1377B



Japanese: Improvers I

Fee **£244.00** (Concessionary Fee £195.00)

Noriko Whitelock

This course is aimed at students who have studied Japanese for one year part-time. In this course students will practise real life situations/dialogues to achieve a higher level in communication with Japanese people. Students will expand their written skills, vocabulary and understanding of the structure of the Japanese language.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 25 September 2025

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
JPN25A2946A

Japanese: Lower Intermediate

Fee **£472.00** (Concessionary Fee £378.00)

Terumi Blackmore

This course is aimed at students who have studied Japanese for 2 years part-time. Students will further improve their speaking, listening, reading and writing skills in a relaxed and enjoyable atmosphere.

24 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 24 September 2025

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
JPN25A3537A

Japanese: Higher Intermediate

Fee **£472.00** (Concessionary Fee £378.00)

Terumi Blackmore

This course is aimed at students who have studied Japanese for 3 years part-time. Students will further improve their speaking, listening, reading and writing skills in a relaxed and enjoyable atmosphere. Grammar includes passive, honorific, causative structures.

24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 25 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
JPN25A4691A

Japanese: Improvers II

Fee **£244.00** (Concessionary Fee £195.00)

Noriko Whitelock

This follow-on course from **Japanese: Improvers I** will introduce students to a broader but still limited range of oral, aural and written skills, sufficient for practical needs in everyday situations.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 5 February 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
JPN25A2947A

Polish

Polish: Improvers – Stage B

Fee **£406.00** (Concessionary Fee £325.00)

Sabina Barczyk-Wozniak

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 26 January 2026

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
POL25A4272A

Portuguese

Portuguese: Beginners - Stage A

Fee **£406.00** (Concessionary Fee £325.00)

Larissa Berquo

This course for absolute beginners aims to give you a basic knowledge of communicative skills in Portuguese. The tutor is Brazilian so there will be a strong emphasis on cultural issues of Brazil.

20 weekly meetings
Mondays from 17:00 to 19:00
Starting 6 October 2025

John Percival Building,
Colum Drive, Cardiff

20 Credits, Level 4
POR25A2212A





Portuguese: Improvers - Stage B

Fee **£406.00** (Concessionary Fee £325.00)

Larissa Berquo

This course is aimed at students who have studied Portuguese for one year part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence pattern, which will form the basis for further progression in Portuguese.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 6 October 2025

John Percival Building,
Colum Drive, Cardiff

20 Credits, Level 4
POR25A2213A

Portuguese: Intermediate - Stage C

Fee **£406.00** (Concessionary Fee £325.00)

Larissa Berquo

This course is aimed at students who have studied Portuguese for two years part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence pattern, which will form the basis for further progression in Portuguese.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 8 October 2025

John Percival Building,
Colum Drive, Cardiff

20 Credits, Level 4
POR25A3042A

Russian

Russian: Beginners I

Fee **£244.00** (Concessionary Fee £195.00)

Dr Maryna Calder

This course is aimed at absolute beginners and will introduce students to the Russian language and culture. Students will learn to read the Russian alphabet and practise basic conversation and language structures.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

RUS25A3050A

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 19 January 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

RUS25A3050B



Russian: Beginners II

Fee **£244.00** (Concessionary Fee £195.00)

Dr Maryna Calder

This course is aimed at students who have attended **Russian: Beginners I**, or have some basic knowledge of the language. The emphasis is on communication skills taught in a relaxed and enjoyable atmosphere. This course is not for absolute beginners of the language.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 27 April 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

RUS25A3051A



Spanish

Spanish: Beginners - Stage A

Fee **£472.00** (Concessionary Fee £378.00)

- **Ana Costa**
- **28 weekly meetings**
Mondays from 17:00 to 19:00
Starting 29 September 2025
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA25A2622A
- **Paloma Galvez Corredor**
- **28 weekly meetings**
Tuesdays from 14:00 to 16:00
Starting 30 September 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2622B
- **Belen Munguia-Peacock**
- **28 weekly meetings**
Thursdays from 10:00 to 12:00
Starting 2 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2622C

Spanish: Improvers - Stage B

Fee **£472.00** (Concessionary Fee £378.00)

- **Nuria Albert Penades**
- **28 weekly meetings**
Mondays from 18:00 to 20:00
Starting 29 September 2025
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA25A2623A
- **Paloma Galvez Corredor**
- **28 weekly meetings**
Wednesdays from 10:00 to 12:00
Starting 1 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2623B
- **Nuria Albert Penades**
- **28 weekly meetings**
Wednesdays from 14:00 to 16:00
Starting 1 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2623C
- **Ana Costa**
- **28 weekly meetings**
Thursdays from 12:00 to 14:00
Starting 2 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2623D

Spanish: Intermediate - Stage C

Fee **£472.00** (Concessionary Fee £378.00)

- **Paloma Galvez Corredor**
- **28 weekly meetings**
Tuesdays from 17:00 to 19:00
Starting 30 September 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2624A
- **Nuria Albert Penades**
- **28 weekly meetings**
Thursdays from 14:00 to 16:00
Starting 2 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2624B

Spanish: Higher Intermediate - Stage D

Fee **£472.00** (Concessionary Fee £378.00)

- **Belen Munguia-Peacock**
- **28 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 1 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2625A
- **Ana Costa**
- **28 weekly meetings**
Thursdays from 18:00 to 20:00
Starting 2 October 2025
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA25A2625B

Spanish: Lower Advanced - Stage E

Fee **£472.00** (Concessionary Fee £378.00)

- **Ana Costa**
- **28 weekly meetings**
Tuesdays from 18:00 to 20:00
Starting 30 September 2025
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA25A2722A
- **Belen Munguia-Peacock**
- **28 weekly meetings**
Thursdays from 13:00 to 15:00
Starting 2 October 2025
Lifelong Learning,
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA25A2722B



Spanish: Advanced - Stage F

Fee **£472.00** (Concessionary Fee £378.00)

Nuria Albert Penades

28 weekly meetings
Thursdays from 18:00 to 20:00
Starting 2 October 2025

John Percival Building,
 Colum Drive, Cardiff
 30 Credits, Level 4
SPA25A2725A

Spanish: Advanced - Stage G

Fee **£472.00** (Concessionary Fee £378.00)

Belen Munguia-Peacock

28 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 1 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 30 Credits, Level 5
SPA25A2626A

Spanish: Higher Advanced - Stage H

Fee **£472.00** (Concessionary Fee £378.00)

Paloma Galvez Corredor

28 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 1 October 2025

This course will be taught remotely via an interactive online classroom

30 Credits, Level 5
SPA25A2627A



Debateando la actualidad del mundo hispano

Fee **£208.00** (Concessionary Fee £166.00)

Susanna Echaves

Este curso interactivo en línea está orientado a aquellos estudiantes de español de nivel avanzado (niveles B2, C1 y C2) que quieran seguir practicando sus destrezas orales y auditivas además de adquirir nuevos conocimientos de vocabulario, cultura y temas de actualidad del mundo hispano.

10 weekly meetings
Tuesdays from 18:00 to 20:00
Starting 30 September 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 5
SPA25A5633A

Descubriendo la cultura Española e hispanoamericana

Fee **£416.00** (Concessionary Fee £333.00)

Susanna Echaves

Este curso está orientado para estudiantes de español de nivel avanzado que quieren seguir practicando sus destrezas auditivas y orales además de adquirir nuevos conocimientos culturales de España y Latinoamérica.

20 weekly meetings
Thursdays from 12:00 to 14:00
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
SPA25A5634A



Debateando la actualidad del mundo hispano

Fee **£416.00** (Concessionary Fee £333.00)

Susanna Echaves

Este curso está orientado para aquellos estudiantes de español de nivel avanzado (niveles B2, C1 y C2) que quieran seguir practicando sus destrezas orales y auditivas además de adquirir nuevos conocimientos de vocabulario, cultura y temas de actualidad del mundo hispano.

20 weekly meetings
Wednesdays from 12:00 to 14:00
Starting 1 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 5
SPA25A5637A

Cultura Española para viajeros curiosos

Fee **£208.00** (Concessionary Fee £166.00)

Susanna Echaves

Este curso en línea de nivel intermedio alto / avanzado (niveles B2 y C1) está orientado a aquellos alumnos que quieran seguir practicando sus destrezas orales y auditivas en español de forma divertida e interactiva.

10 weekly meetings
Tuesdays from 18:00 to 20:00
Starting 3 March 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 5
SPA25A5638A



Hablemos de cultura: arte, cine y literatura

Fee **£208.00** (Concessionary Fee £166.00)

Susanna Echaves

Este curso está orientado a alumnos de Español de nivel avanzado. El objetivo de este curso es mejorar la competencia del idioma al mismo tiempo que los alumnos obtienen nuevos conocimientos sobre temas culturales de España y Latinoamérica.

10 weekly meetings

Wednesdays from 12:00 to 14:00
Starting 18 March 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 5

SPA25A5635A

La sociedad Española a través del cine

Fee **£208.00** (Concessionary Fee £166.00)

Susanna Echaves

Este curso está orientado para estudiantes de español de nivel avanzado que quieren seguir practicando sus destrezas auditivas y orales además de adquirir nuevos conocimientos culturales de España y Latinoamérica.

10 weekly meetings

Thursdays from 12:00 to 14:00
Starting 19 March 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 5

SPA25A5636A

Learn
with us and...
**receive expert
tuition from native
speakers**

Intensive Language Courses

Every summer we run intensive language courses in June/July. Information will be available from our website and Reception in April.

These courses are ideal if:

- ▶ Your language course ended in the spring and you would like to get extra practice during the summer
- ▶ You would like to try a new language to see if you'd enjoy it;
- ▶ You're planning to go abroad this summer and want to learn basic phrases or brush up on existing language skills.

These courses are good value for money and are usually very popular.

We look forward to seeing you!



Interpreting

Professional Conduct in Public Service Interpreting

Fee **£209.00** (Concessionary Fee £167.00)

Zora Jackman

This course is suitable for students who are new to interpreting as well as for practicing interpreters and covers the practical and ethical issues associated with working as a public service interpreter in the UK and the understanding, knowledge and skills required. It will include professional conduct and development, terminology research and interpreting skills.

10 weekly meetings

Thursdays from 10:00 to 12:00
Starting 2 October 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT25A5078A

10 weekly meetings

Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT25A5078B

10 weekly meetings

Tuesdays from 10:00 to 12:00
Starting 14 April 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT25A5078C

10 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 14 April 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT25A5078D



Interpreting courses improve career prospects and help local communities



Interpreting students with Dr Sara Jones (7th from right) Michele Aichison from Let's Interpret (far left) and Zora Jackman (6th from left).

Lifelong Learning at Cardiff University provides interpreting courses that introduce students to working within the sector and volunteering to help local people access essential services. Many of our courses are delivered with 'Let's Interpret', a local project supporting bilingual and

multilingual women living in Cardiff to develop and use their language skills, for the benefit of both them and their community.

Zora Jackman leads the interpreting programme and has seen first hand the life-changing impact learning has on students and commented:

“ I feel privileged to have witnessed over the years how our students gain confidence, learn from each other and support each other during the course and beyond. I have seen how they can use their new knowledge, helping their communities whilst making good use of their language skills on a professional level. In short - they form a community of practice. ”

Public Service Interpreting - Criminal Justice

Fee **£581.00** (Concessionary Fee £465.00)

Zora Jackman

This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in Criminal Justice settings. It offers guidance on preparation for the Law Pathway of the Diploma in Public Service Interpreting (DPSI) examinations run by the Chartered Institute of Linguists (www.ciol.org.uk) but students who are not planning to sit the examinations are also welcome.

19 weekly meetings

Wednesdays from 17:00 to 20:00
Starting 21 January 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

IAT25A5293A

Public Service Interpreting - Health

Fee **£581.00** (Concessionary Fee £465.00)

Zora Jackman

This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in health settings. It offers guidance on preparation for the Health Pathway of the Diploma in Public Service Interpreting (DPSI) examinations run by the Chartered Institute of Linguists (www.ciol.org.uk) but students who are not planning to sit the examinations are also welcome.

19 weekly meetings

Thursdays from 17:00 to 20:00
Starting 22 January 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

IAT25A4740A

Law

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**



Environmental Law and Policy

Fee **£208.00** (Concessionary Fee £166.00)

Mark Gorman

This course introduces students to the main aspects of environmental law and policy in England and Wales.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
LAW25A5597A

The Legal System of England and Wales

Fee **£208.00** (Concessionary Fee £166.00)

Mark Gorman

You will be introduced to major aspects of the English Legal System including its sources, practices and procedures. You will gain a thorough understanding of judicial precedent, statutory interpretation, the jury system, Tribunals, Law Centres and Legal Aid.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
LAW25A5458A

Contract Law

Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This course examines the creation of legally binding contracts and how a contract works in practice. Throughout the course, students will explore the elements that make up a legally valid contract; remedies available when a contractual obligation is breached, different types of misrepresentation and unfair contract terms. Students will reflect upon how these issues effect the parties to the contract. This course will be of interest to anyone who wants to improve their understanding about the contracts they enter into, whether that be in their personal life or in a work context.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
LAW25A4509A

European Law

Fee **£208.00** (Concessionary Fee £166.00)

Mark Gorman

If you are interested in European Law, or need to know its basic principles, then this is the module for you. You will examine relevant directives, regulations and case law from the European Court of Justice in order to make an informed and critical assessment of how European Law works in practice.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
LAW25A1101A

Criminal Law

Fee **£208.00** (Concessionary Fee £166.00)

Mark Gorman

This course examines aspects of the Criminal Law, including murder, manslaughter, assault, theft, robbery, burglary, and criminal damages. Students will consider legal problems and apply relevant law to given situations.

10 weekly meetings

Thursdays from 19:00 to 21:00
Starting 16 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
LAW25A5123A

Consumer Law

Fee **£280.00** (Concessionary Fee £224.00)

Jemma Cox

We all buy goods and services regularly and may deal with customers in work or enjoy buying and selling goods online or at car boot sales in our spare time. But how many of us fully know our legal rights and responsibilities? This flexible online course explores the basics of both the legal and practical aspects of consumer and business transactions and provides practical tips and guidance throughout to help you improve your decision making and to resolve disputes with customers and clients.

10 weekly meetings

Wednesdays from 18:00 to 20:00
Starting 22 April 2026

This course will be taught online

10 Credits, Level 4
LAW25A5556A

Introduction to Intellectual Property Law

Fee **£208.00** (Concessionary Fee £166.00)

Jemma Cox

This online course provides a legal and practical introduction to intellectual property law, which is essential knowledge for those interested in this area of law or business. Key areas such as copyright law, designs, patents, and trade marks will be covered, including a consideration of criminal and civil infringements, as well as practical guidance on protecting the intellectual property of your business and avoiding breaching the intellectual property rights of others.

10 weekly meetings

Thursdays from 18:00 to 20:00
Starting 23 April 2026

This course will be taught online

10 Credits, Level 4
LAW25A5639A



Pathways to a degree in

Law

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Whilst studying on the Pathway you will be able to make an application to study Law (M100).

How it works

Apart from Introduction to Intellectual Property Law, you can choose from any of the modules listed in the law section.

The Pathway is made up of 60 credits.

You can also choose from the following three courses.

▶ **Contemporary Issues in Europe (page 49)**

▶ **Research Methods (page 60).**

▶ **The Political System in Wales (page 49)**

Politics and International Relations

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**

1989: a Pivotal Year for Europe



Fee **£280.00** (Concessionary Fee £224.00)

Dr Roel Van Der Velde

Taking the 1989 Fall of the Berlin Wall as the half-way point between the Cold War (1945-1991) and the post-Cold War era (after 1991), this historical module explores European experiences and assesses their relevance to our own times. Was Gorbachev tricked by NATO? Did Romania really keep its communists? Why is the Cold War so popular on Netflix? In ten thematic explorations the module considers the end of the Cold War, the impact of its demise on Eastern Europe, and enduring legacies still with us today. This introduction to the period combines new literature, period testimony analysis and participant discussion.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
PLT25A5482A

Contemporary Issues in Europe



Fee **£280.00** (Concessionary Fee £224.00)

Dr Roel Van Der Velde

Over the last decade Britain and Europe have faced an array of extraordinary challenges, like the COVID-19 pandemic, immigration, drought, and war. Such 'tests to society's resilience' also turn into tests of political competence, as governments struggle to gauge their scale and urgency, and to negotiate their long shadows. This ten-week course analyses governments' crisis management and (de)politicisation of current and ongoing crises in Britain and contemporary Europe and broader underlying issues. This is an introductory 10-credit module on the Politics Pathway. It is also open to all as a standalone course.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 2 February 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
PLT25A5483A

Everyone can enrol on our politics courses. Each course can be studied on a standalone basis.



The Political System in Wales



Fee **£560.00** (Concessionary Fee £448.00)

Pauline Beesley

The **Political System in Wales** module will introduce students to the context and content of devolved policy making and political representation in Wales. It will explore the causes and consequences of the 2016 EU Referendum (Brexit) vote in Wales, the case for electoral reform and consider how legislation is made in the Senedd. This is a core module on the Pathway to International Relations and Politics. It is also open to all as a standalone course.

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 9 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4
PLT25A5135A

Introduction to International Relations



Fee **£280.00** (Concessionary Fee £224.00)

Dr Roel Van Der Velde

International Relations (IR) is an exciting discipline which explores politics in the global and regional arenas. This module introduces students to the dominant international theories which were developed over the years to understand the international system. It examines the historical context and application of these theories, and their limitations. This module is an optional 10 credit module on the Pathway to International Relations and Politics.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
PLT25A5141A



Pathways to a degree in

International Relations and Politics

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



We offer a Pathway which will allow you to study towards these degrees at Cardiff University.

- ▶ **International Relations and Politics (L290)**
- ▶ **International Relations (305Q)**
- ▶ **Politics (L200)**

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for 'advanced standing' of 60 credits – this means that these 60 credits will count towards the first year of your degree.



Students will need to enrol on the four modules listed in this section:

- ▶ 1989: a Pivotal Year for Europe
- ▶ Introduction to International Relations
- ▶ Contemporary Issues in Europe
- ▶ The Political System in Wales

Plus the European Law module

European Law

Fee £208.00 (Concessionary Fee £166.00)

▶ **Mark Gorman**

If you are interested in European Law, or need to know its basic principles, then this is the module for you. You will examine relevant directives, regulations and case law from the European Court of Justice in order to make an informed and critical assessment of how European Law works in practice.

▶ **10 weekly meetings**
Wednesdays from 19:00 to 21:00
Starting 28 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

LAW25A1101A



Science and Environment

Co-ordinating Lecturer: **Dr Jim Vafidis**
Tel: **029 2251 4509** Email: **VafidisJ@cardiff.ac.uk**



Image taken with Faulkes Telescope North, operated by Las Cumbres Observatory

Introduction to Human Biology



Fee **£560.00** (Concessionary Fee £448.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings
Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 16 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SCI25A5150A

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 18 September 2025

This course will be taught online

20 Credits, Level 4
SCI25A5150B

12 weekly meetings
Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 6 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SCI25A5150C

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 8 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SCI25A5150D

Astronomy in Action

Fee **£208.00** (Concessionary Fee £166.00)

Dr Jeni Millard-Parry

Prof Paul Roche

Explore the wonders of the universe in this dynamic course covering key topics in modern astronomy and space science. From the heart of our Solar System and worlds beyond our own, to the invisible Universe, you'll examine recent discoveries and advances in our understanding of the cosmos. We'll even explore the shift to commercial space and the policies governing modern space exploration. Sessions combine engaging lectures with hands-on and online activities, offering a blend of classroom and digital learning to bring space science to life.

7 monthly meetings

10:00 to 13:00

Saturdays 27 September, 25 October,
15 November, 13 December 2025, 10
January, 7 February and 7 March 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

SCI25A5613A

Enrol Early!

The Fruit Garden

Fee **£208.00** (Concessionary Fee £166.00)

Michele Fitzsimmons

Discover how to design, create, and care for a low-maintenance edible garden, with a focus on fruit trees, soft fruits, and shade-tolerant leafy plants.

Grounded in the principles of edible landscaping and permaculture, this interactive course will help you plan a productive and visually appealing garden layout, select the best plants for your site, and work with nature to create a thriving, resilient growing space.

You will gain practical knowledge in key areas such as pruning, pollination, and natural pest management, while discovering how to grow fresh delicious, and sustainable produce in your own garden- all with maximum ecological benefit.

7 weekly meetings

Thursdays from 19:00 to 21:00
Starting 2 October 2025
Plus 2 garden visits on Saturday
afternoons

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 3

SCI25A3624A

Physical Geography: Exploring Earth's Systems and Landscapes



Fee **£416.00** (Concessionary Fee £333.00)

Tutor to be confirmed

This course offers a comprehensive introduction to the fundamental principles of geography, examining the physical, biological, and chemical processes that shape the Earth's systems and landscapes. Through interactive lessons and discussions, learners will gain a deeper understanding of how the Earth's formation, structure, and environmental dynamics influence the natural world and human activity.

10 weekly meetings
Thursdays from 18:00 to 21:00
plus 2 Saturday day schools
Starting 8 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SCI25A5604A

Fundamental Mathematics



Fee **£560.00** (Concessionary Fee £448.00)

Dr Jo Smedley

Fundamental Mathematics provides a practical introduction to essential mathematics designed especially for those returning to study or looking to strengthen their mathematical knowledge.

Over twelve weeks, the focus will be on building confidence with key topics such as arithmetic, algebra, equations, functions and graphs, contextualised within an accessible and supportive learning environment.

Step-by-step activities and real-world examples will support the understanding of mathematical principles and demonstrate their application to solve problems in academic or professional contexts.

12 weekly meetings
Mondays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 19 January 2026

Hybrid delivery: sessions held in-person and online on alternate weeks

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SCI25A5630A

Diseases and Disorders of the Brain



Fee **£280.00** (Concessionary Fee £224.00)

Dr Bilal Malik

This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington's disease, Parkinson's disease and Alzheimer's disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Mondays from 17:30 to 19:30
Starting 26 January 2026

This course will be taught online

10 Credits, Level 4
SCI25A5194A



Medical Imaging and the Human Body



Fee **£280.00** (Concessionary Fee £224.00)

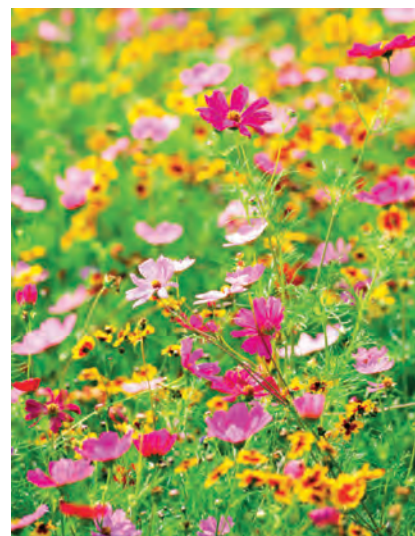
Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 29 January 2026

This course will be taught online

10 Credits, Level 4
SCI25A3968A



Designing your Edible Garden

Fee **£208.00** (Concessionary Fee £166.00)

Michele Fitzsimmons

Learn how to create a beautiful, low-maintenance garden that not only provides fresh food, but also supports wildlife, and offers a relaxing space to enjoy. This course introduces the principles of edible garden design with a focus on integrating vegetables, herbs, and fruit into attractive and functional layouts that suit your lifestyle and space. Whether you have a small backyard or a larger plot, you'll gain the confidence to design a productive garden that reflects your personal needs and values—without it looking like an allotment!

8 weekly meetings
Thursdays from 19:00 to 21:00
Starting 5 March 2026
Plus 2 garden visits on Saturday afternoons

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 3
SCI25A3639A



Academic Communication



Fee **£208.00** (Concessionary Fee £166.00)

Ricardo Calli

This module equips learners with essential academic communication skills for science, technology, engineering, and mathematics (STEM) disciplines. It seeks to develop your ability to think critically when carrying out research, creating academic outputs, and presenting them in oral, visual and written formats. The course prepares students for degree-level study or professional work where clarity, structure, and evidence-based argumentation are vital.

10 weekly meetings
Wednesdays from 10:30 to 12:30
Starting 15 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

SCI25A5631A



Learn
with us and...
realise your
learning
potential!

Environmental Sustainability

Fee **£208.00** (Concessionary Fee £166.00)

Tutor to be confirmed

Environmental Sustainability assesses the roles of natural resources and biodiversity in maintaining ecological balance and supporting human well-being. It explores the nexus between environmental protection, economic sustainability, and current threats to natural systems. Participants will study sustainable development barriers, greenwashing impacts, and the role of corporate social responsibility and the Sustainable Development Goals in promoting ethical business practices, all aimed at meeting present needs without compromising the future.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 16 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

SCI25A5580A

Fundamental Chemistry: The Building Blocks of Life and Matter

Fee **£416.00** (Concessionary Fee £333.00)

Tutor to be confirmed

This course provides a comprehensive introduction to fundamental chemistry principles, exploring their significance in understanding the natural world and the sciences. Each week, learners engage in interactive lessons and discussions, deepening their grasp of how chemical principles shape various scientific and practical applications.

10 weekly meetings
Thursdays from 18:00 to 21:00
plus 2 Saturday day schools
Starting 16 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

SCI25A5603A

Urban Ecology

Fee **£208.00** (Concessionary Fee £166.00)

Dr Jim Vafidis

Urban Ecology dives deep into ecological dynamics within urban areas, emphasising the interaction between components of ecosystems. Through weekly theoretical discussions and hands-on excursions, participants learn species identification, ecological impact assessments, and the principles of conservation and sustainable urban planning.

8 weekly meetings
Wednesdays from 18:30 to 20:30
plus 1 Saturday day school
Starting 13 May 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4

SCI25A5582A





Science in Health Public Lecture series *(online)*

Cardiff University's programme of **FREE** public lectures for those interested in how science relates to medicine and health.

Lecture titles to be announced and they will be run as monthly webinars between October and March.

For more information and to register attendance please visit our website -

www.cardiff.ac.uk/scienceinhealth

or email **medicengagement@cardiff.ac.uk**



Pathways to a degree in

Medical Pharmacology

Co-ordinating Lecturer

Dr Jim Vafidis

Tel: **029 2251 4509**

Email: **VafidisJ@cardiff.ac.uk**

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email: **pathways@cardiff.ac.uk**

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

Applicants wishing to enrol on the pathway will need 5 GCSEs, grade C or 4 and above. These must include Maths, English/Welsh (if you went to a Welsh-medium school) and Double Science (or Chemistry and another science subject).



How it works

2 x core modules:

Introduction to Human Biology, and Fundamental Chemistry

(40 credits in total)

+

2 x optional modules:

Medical Imaging and the Human Body, Diseases and Disorders of the Human Brain, Research Methods, A Gentle Introduction to Data Analysis using R

(20 credits in total)

=

**Pathway to
Medical
Pharmacology
60 credits**

Details of these modules can be found in the Pathway to a degree in Healthcare section on page 51 and page 53.



Pathways to a degree *in*

Earth and Environmental Sciences

Co-ordinating Lecturer

Dr Jim Vafidis

Tel: **029 2251 4509**

Email: **VafidisJ@cardiff.ac.uk**

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email: **pathways@cardiff.ac.uk**

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



This Pathway will prepare you to study a degree in Earth and Environmental Studies at Cardiff University. Modules are:

- ▶ **Fundamentals of Chemistry** (page 53)
- ▶ **Physical Geography: Exploring Earth's Systems and Landscapes** (page 52)
- ▶ **A Gentle Introduction to Data Analysis** (page 8)
- ▶ **Introduction to Spatial Analysis and GIS** (page 9)

You need to have 5 GCSEs A-C/9-4. These must include Maths, English Language or Welsh (if you went to a Welsh-medium school) and Double Science or two sciences.



Cardiff University offers extensive continuing professional development (CPD) opportunities designed to raise your skill levels and equip you with cutting-edge knowledge and techniques.

Choose how you learn:

- Short non-credit bearing courses in a variety of subjects.
- Postgraduate level standalone modules. These offer flexibility to balance your work and study.
- Bespoke solutions for organisations seeking unique programmes for staff development.

Want to know more?

Our dedicated CPD Unit is here to help you choose the right option for you.

029 2087 5274 train@cardiff.ac.uk
cardiff.ac.uk/professional-development

Why choose us?

cardiff.ac.uk/professional-development

- **Study and learn in a research-rich environment**
- **Learn from experts in their academic fields**
- **Access to courses across the University's 24 academic disciplines**
- **Flexible learning including online and blended modules**
- **Small class sizes**
- **City centre location**



EPSRC Future Compound Semiconductor Manufacturing Hub.



**CUSTOMER
SERVICE
EXCELLENCE**



The CPD Unit is proud to hold the Customer Service Excellence Standard



Pathways to a degree in

Dental Hygiene

Pathways to a diploma in Dental Hygiene or a degree in Dental Therapy and Dental Hygiene.

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Applicants need to have 5 GCSEs, grade A-C/9-4. This must include English Language/Welsh (if you went to a Welsh-medium school).

Introduction to Human Biology



Fee **£560.00** (Concessionary Fee £448.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

This is a core module for the Pathway to Healthcare.

12 weekly meetings

Tuesdays from 14:00 to 16:30

plus 2 Saturday day schools

Starting 16 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SCI25A5150A

Public Policy for Health



Fee **£560.00** (Concessionary Fee £448.00)

Pauline Beesley

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice. **This is a core module for the Pathway to Healthcare.**

12 weekly meetings

Wednesdays from 18:30 to 21:00

plus 2 Saturday day schools

Starting 7 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A5203B



Health Psychology

Fee **£280.00** (Concessionary Fee £224.00)

Azra Sadiq

This module will explain key principles and frameworks of health psychology. You will examine the psychological and physical effects of stress, mental health challenges, and lifestyle factors such as sleep and exercise on overall health.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
PSY25A5606A

Social Psychology

Fee **£280.00** (Concessionary Fee £224.00)

Ameena Asad


Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
PSY25A5267A

**Have you
 made a
 note of
 your
 course
 venue?
 Details
 are in the
 course
 description!**





Pathways to a degree in

Optometry

with a preliminary year

Co-ordinating Lecturer:

Dr Jim Vafidis

Tel: **029 2251 4509**

Email:

VafidisJ@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Applicants will need 7 GCSEs, grades A-C/9-4. These should include double science, or physics and another science, mathematics and English or Welsh (if you went to a Welsh-medium school).

After studying the pathway you will be able to make an application to study Optometry with a Preliminary Year (MOptom) (B514).

Introduction to Human Biology



Fee **£560.00** (Concessionary Fee £448.00)

Cheryl Lannon

What is the human body made of, and how do its systems function?

This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

This is a core module for the Pathway to Healthcare.

12 weekly meetings

Tuesdays from 14:00 to 16:30 plus 2 Saturday day schools Starting 16 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4

SCI25A5150A

Research Methods



Fee **£280.00** (Concessionary Fee £224.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings

Mondays from 17:00 to 19:00 Starting 19 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

SOC25A5260B

Enrol Now!

STUDENT TESTIMONIAL



Optometry is a subject that I always found fascinating but I did not have the grades to apply to study a degree. I have been blown away with the level of support I have received from my tutors, the administrators and all of the other professionals that I have met during my time studying the Pathway to optometry.

I have two young children and work part-time at present. I always felt like I could have achieved more in my youth if I had applied myself to my studies. I really wanted to prove to both myself and to my children that it is never too late to work hard and

achieve a qualification that can change your life! I wanted to challenge myself more and choose a career that has endless opportunities to continue to learn and to grow professionally. I am so glad that I applied for this course and so proud that I have received my conditional offer despite many personal obstacles. I cannot wait to prove to my children that learning does not have an age limit and prove to myself that I can achieve regardless of the obstacles that life throws at me.

I would not have had the opportunity to study this subject without the pathway course.



Elizabeth Camburn

Medical Imaging and the Human Body

Fee **£280.00** (Concessionary Fee £224.00)

Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings

Thursdays from 17:30 to 19:30

Starting 29 January 2026

This course will be taught online

10 Credits, Level 4

SCI25A3968A

Public Policy for Health

Fee **£560.00** (Concessionary Fee £448.00)

Dr Rhiannon Maniatt

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

12 weekly meetings

Mondays from 10:00 to 12:30

plus 2 Saturday day schools

Starting 13 April 2026

Lifelong Learning,

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A5203C

Have you made a note of your course venue? Details are in the course description!





Pathways to a degree in

Healthcare

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



For each pathway there are specific prerequisites. All pathways require you to have 5 GCSEs, grade C or 4 and above. These must include Maths and English/Welsh (if you went to a Welsh-medium school). Some pathways may require further qualifications.

After studying the pathway you will be able to make an application to study an undergraduate degree in these subject areas:

- ▶ **adult nursing**
- ▶ **mental health nursing**
- ▶ **child nursing**
- ▶ **midwifery**
- ▶ **occupational therapy**
- ▶ **radiotherapy and oncology**
- ▶ **diagnostic radiography**
- ▶ **physiotherapy**

Core Modules

Public Policy for Health



Fee **£560.00** (Concessionary Fee £448.00)

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

Pauline Beesley

12 weekly meetings

Wednesdays from 18:30 to 21:00

plus 2 Saturday day schools

Starting 10 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SOC25A5203A

Pauline Beesley

12 weekly meetings

Wednesdays from 18:30 to 21:00

plus 2 Saturday day schools

Starting 7 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SOC25A5203B

Dr Rhiannon Maniatt

12 weekly meetings

Mondays from 10:00 to 12:30

plus 2 Saturday day schools

Starting 13 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SOC25A5203C

Sikiya Adekanye

12 weekly meetings

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 7 April 2026

This course will be taught online

20 Credits, Level 4

SOC25A5203D

*Learn with us and...
realise your learning
potential!*



Introduction to Human Biology



Fee **£560.00** (Concessionary Fee £448.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings

**Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 16 September 2025**

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SCI25A5150A

12 weekly meetings

**Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 18 September 2025**

This course will be taught online

20 Credits, Level 4

SCI25A5150B

12 weekly meetings

**Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 6 January 2026**

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SCI25A5150C

12 weekly meetings

**Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 8 January 2026**

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4

SCI25A5150D

How the pathway works

CORE MODULES FOR ALL HEALTHCARE PATHWAYS

All students wishing to study on the Pathway to Healthcare will need to enrol on the CORE modules

Introduction to Human Biology and **Public Policy for Health**. The optional

modules will be listed under each discipline. Please contact **Dr Catherine Phelps** before you enrol on a

Pathway to Healthcare on pathways@cardiff.ac.uk

Two Core
Modules
40 credits
















Modules
(see grid) 20 credits



Pathway to
Healthcare
60 credits

Modules

	Medical Imaging and the Human Body	Diseases and Disorders of the Brain	Introduction to Social Science	Research Methods	Developmental Psychology	Abnormal Psychology
Adult Nursing						
Child Nursing						
Mental Health Nursing						
Midwifery						
Occupational Therapy						
Diagnostic Radiography and Imaging						
Radiotherapy and Oncology						
Physiotherapy						

Modules

Medical Imaging and the Human Body

Fee **£280.00** (Concessionary Fee £224.00)

Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 29 January 2026

This course will be taught online

10 Credits, Level 4
SCI25A3968A

Diseases and Disorders of the Brain

Fee **£280.00** (Concessionary Fee £224.00)

Dr Bilal Malik

This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington's disease, Parkinson's disease and Alzheimer's disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Mondays from 17:30 to 19:30
Starting 26 January 2026

This course will be taught online

10 Credits, Level 4
SCI25A5194A

Introduction to Social Science

Fee **£560.00** (Concessionary Fee £448.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 9 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
SOC25A4968A

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 6 January 2026

This course will be taught online

20 Credits, Level 4
SOC25A4968B



Research Methods

Fee **£280.00** (Concessionary Fee £224.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 29 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
SOC25A5260A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 19 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
SOC25A5260B

Social Psychology

Fee **£280.00** (Concessionary Fee £224.00)

Ameena Asad

Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
PSY25A5267A

Developmental Psychology

Fee **£208.00** (Concessionary Fee £166.00)

Dr Rhiannon Maniatt

What makes us the people we are? Babyhood, adolescence, adulthood and old age all present their challenges. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 23 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
PSY25A5266A

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff
10 Credits, Level 4
PSY25A5266B

Abnormal Psychology

Fee **£416.00** (Concessionary Fee £333.00)

Clare O'Connell

In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic, mix of evidence-based explanations of behaviour.

20 weekly meetings
Mondays from 17:00 to 19:00
Starting 29 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff
20 Credits, Level 4
PSY25A5265A

STUDENT TESTIMONIAL

“ I wanted to fulfil my ambition to become a nurse. The Pathway to a degree in Healthcare was incredibly flexible and accessible for me. Other courses I looked at in Cardiff were Monday to Friday and in the daytime and I couldn't afford to cut back on my working hours. Having classes in the evening meant my work wasn't affected so it was perfect! Additionally, the workload was steady and balanced so I never felt overwhelmed with my studies over the year.



progress through to undergraduate degree studies too. Basically, I can't thank everyone involved in the Pathway to Healthcare enough and I would urge anybody who is in a similar situation that I was in to enroll!”

Emily graduated with a degree in adult nursing in 2023.

Social Studies

Co-ordinating Lecturer: **Dr Sara Jones**
 Tel: **029 2087 5268**
 Email: **JonesSJ15@cardiff.ac.uk**



Counselling Skills in Practice

Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This follow-on course is only open to students who have successfully completed **Learning Counselling Skills**. The course will give you the opportunity to extend your understanding and ability to use counselling skills through exercises, role-plays and in writing your reflective journal.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 6 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 3

COU25A5100A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 13 April 2026

This course will be taught online

10 Credits, Level 3

COU25A5100B



Learning Counselling Skills

Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

The course provides basic training in the use of counselling skills for use in a variety of work and personal situations. The focus is on improving your communication skills and raising personal self-awareness. It is not training to become a 'Counsellor' but can serve as a taster of what undertaking that training might be like. The course is experiential and very practical, students will have the opportunity to practice using counselling skills every week in small groups, combined with an introduction to counselling theory.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 3

COU25A5099A

10 weekly meetings
Thursdays from 17:00 to 19:00
Starting 2 October 2025

This course will be taught online

10 Credits, Level 3

COU25A5099B

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 19 January 2026

This course will be taught online

10 Credits, Level 3

COU25A5099C

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 13 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 3

COU25A5099D

Enrol Now!

Abnormal Psychology



Fee **£416.00** (Concessionary Fee £333.00)

Clare O'Connell

In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic, mix of evidence-based explanations of behaviour.

20 weekly meetings
Mondays from 17:00 to 19:00
Starting 29 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

PSY25A5265A



Developmental Psychology



Fee **£208.00** (Concessionary Fee £166.00)

Dr Rhiannon Maniatt

What makes us the people we are? Babyhood, adolescence, adulthood and old age all present their challenges. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 23 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
PSY25A5266A

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
PSY25A5266B

Introduction to Mental Health



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This module introduces learners to the principles, challenges, and practices of mental health care in Wales and the UK. Covering key topics such as mental health legislation, types of mental health conditions, therapeutic approaches, DSM-5 criteria for diagnosis, and support services, the course also explores the impact of mental health on individuals and

communities. Learners will engage with case studies, practical scenarios, and discussions to assess mental health needs, ethical responsibilities, and practitioner resilience in mental health care environments. Trauma-informed practice, cultural sensitivity, and interagency collaboration will be central themes.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 15 April 2026

This course will be taught online

10 Credits, Level 4
SOC25A5625A

Introduction to Forensic Psychology



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

Learners will explore topics such as criminal profiling, the psychology of eyewitness testimony, interviewing suspects and gathering evidence and the treatment of offenders during the legal process. The course emphasizes the importance of ethical practice, understanding the impact of crime on victims, and the application of psychological research to real-world forensic settings. Through case studies, guest speakers, and interactive discussions, learners will develop critical thinking skills and gain insights into the field of forensic psychology.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught online

10 Credits, Level 4
PSY25A5623A

Introduction to Dementia Care (Wales)



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This module covers the principles and practices of dementia care, with a focus on the unique challenges and opportunities within Wales. Learners will explore topics such as the types and stages of dementia, person-centred care, communication strategies, and support services available in Wales. The course emphasises the importance of ethical practice, understanding the impact of dementia on individuals and families, and the application of research to improve care outcomes. Through case studies, guest speakers, and interactive discussions, learners will develop critical thinking skills and gain insights into the field of dementia care.

10 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 20 January 2026

This course will be taught online

10 Credits, Level 4
SOC25A5624A

Introduction to Social Science



Fee **£560.00** (Concessionary Fee £448.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 9 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4
SOC25A4968A

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 6 January 2026

This course will be taught online

20 Credits, Level 4
SOC25A4968B

Acceptance and Commitment Therapy I

Fee **£208.00** (Concessionary Fee £166.00)

Acceptance and Commitment Therapy (ACT) is an evidence-based therapy with a focus on values and mindfulness. It is an action-focussed, values-based approach toward meaningful living. Learners are introduced to the underpinning concepts of ACT and encouraged to engage in, and reflect on, their own experience of the model.

- **Ingrid Wallace**
10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A4700A
- **To be confirmed**
10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2 October 2025

This course will be taught online

10 Credits, Level 4
SOC25A4700B
- **Ingrid Wallace**
10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A4700C
- **To be confirmed**
10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 January 2026

This course will be taught online

10 Credits, Level 4
SOC25A4700D
- **Ingrid Wallace**
10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 14 April 2026

This course will be taught online

10 Credits, Level 4
SOC25A4700E
- **Ingrid Wallace**
10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A4700F



Acceptance and Commitment Therapy II

Fee **£208.00** (Concessionary Fee £166.00)

ACT II develops and builds on many of the ideas from the first ACT course. We explore the use of metaphor, using ACT frameworks, to deepen our understanding. We consider the application of ACT concepts across a range of more specific contexts. **ACT I** is a prerequisite for this course.

- **Ingrid Wallace**
10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A4815A
- **Ingrid Wallace**
10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 16 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A4815B
- **Tutor to be confirmed**
10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 16 April 2026

This course will be taught online

10 Credits, Level 4
SOC25A4815C

New Directions in Acceptance and Commitment Therapy (ACT)



Fee **£208.00** (Concessionary Fee £166.00)

- **Ingrid Wallace**

This module is an intermediate to advanced level course in Acceptance and Commitment Therapy (ACT). Especially for participants who wish to work with ACT, this course presents an opportunity to gain an up-to-date and rounded understanding of ACT. New Directions in ACT requires participants to have basic knowledge of ACT. The course is open to all who meet this criterion, whether this knowledge of ACT stems from participation in **ACT I** and **ACT II** modules or who have experience of ACT in their professional practice.

• **10 weekly meetings**
Thursdays from 19:00 to 21:00
Starting 2 October 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
SOC25A5550A
- **10 weekly meetings**
Mondays from 19:00 to 21:00
Starting 13 April 2026

This course will be taught online

10 Credits, Level 4
SOC25A5550B

ACT Skills



Fee **£208.00** (Concessionary Fee £166.00)

- **Ingrid Wallace**

Assuming basic knowledge of ACT, this course will take a hands-on approach and we will learn to work with and within the Hexaflex ACT Model. With the help of case scenarios, self reflection and small group work we will explore how to apply ACT core skills, thus increasing our understanding of the model and move from one core process to another, having developed a greater insight into the interdependence of the core processes of the ACT model.

• **10 weekly meetings**
Mondays from 19:00 to 21:00
Starting 19 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A5095A



Public Policy for Health



Fee **£560.00** (Concessionary Fee £448.00)

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

• **Pauline Beesley**
12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 10 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A5203A

• **Pauline Beesley**
12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 7 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A5203B

• **Dr Rhiannon Maniatt**
12 weekly meetings
Mondays from 10:00 to 12:30
plus 2 Saturday day schools
Starting 13 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A5203C

• **Sikiya Adekanye**
12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 7 April 2026

This course will be taught online

20 Credits, Level 4
SOC25A5203D



Health Psychology



Fee **£280.00** (Concessionary Fee £224.00)

Azra Sadiq

This module will explain key principles and frameworks of health psychology. You will examine the psychological and physical effects of stress, mental health challenges, and lifestyle factors such as sleep and exercise on overall health.

• **10 weekly meetings**
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
PSY25A5606A

Education and Society



Fee **£560.00** (Concessionary Fee £448.00)

Azra Sadiq

This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

• **12 weekly meetings**
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 7 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A4969A

Social Psychology



Fee **£280.00** (Concessionary Fee £224.00)

Ameena Asad

Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

• **10 weekly meetings**
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 10 Credits, Level 4
PSY25A5267A

Social Policy



Fee **£560.00** (Concessionary Fee £448.00)

Dr Sara Jones Dr Rhiannon Maniatt

This module on the Pathway to Social Science will introduce issues of Social Policy. You will gain an understanding of important social policies which set up the Welfare State; and look at current policies which affect a range of topics including Health, Education, and Housing.

• **12 weekly meetings**
Wednesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 7 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff
 20 Credits, Level 4
SOC25A4970A



Research Methods

Fee **£280.00** (Concessionary Fee £224.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 29 September 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5260A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 19 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5260B



Coaching and Mentoring

Fee **£208.00** (Concessionary Fee £166.00)

Dr Jo Smedley

Mentoring is used increasingly for supporting individuals achieve their goals in life. As a mentor you will develop your ability to establish rapport, develop listening skills and the ability to pick up and respond to issues raised by your mentee. Although highly practical, the course includes theory to support reflection and evaluation of mentoring practice.

10 weekly meetings
Wednesdays from 16:00 to 18:00
Starting 21 January 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5268A

Applying Criminological Theories

Fee **£208.00** (Concessionary Fee £166.00)

Dr Rhiannon Maniatt

Can we explain why crimes are committed? Are people born criminal? Do they learn to act in criminal ways? Do they choose to act in criminal ways? Do certain explanations of criminal behaviour fit certain crimes? This module will provide students with an understanding of key criminological theories which can be used to understand crimes and positives and negatives of these. It will then teach students about different crime types, and students will use real life case studies to apply these theories to crimes.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5516A

Digital Society

Fee **£208.00** (Concessionary Fee £166.00)

Dr Cate Correia Hopkins

Digital Society provides a critical examination of how digital technologies are transforming social life, culture, politics, and the economy. The emergence of new technologies like social media, algorithms, AI, and platform economies raise profound sociological questions about identity, community, inequality, work, governance, and human relationships. The course aims to provide a sociological framework for addressing policy issues surrounding justice, rights, and the public good in an increasingly technologized era. Students come away with enhanced abilities to evaluate technological impacts from a sociological perspective

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 13 April 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5572A

Understanding Gang Culture

Fee **£208.00** (Concessionary Fee £166.00)

Dr Rhiannon Maniatt

Across 10 weeks, this course will explain what gang culture is, providing an insight into why people join gangs. It will also introduce you to some of the main crimes committed by gangs, and also key theories which can help explain why people join gangs, and why they offend in them.

10 weekly meetings
Thursdays from 17:00 to 19:00
Starting 2 October 2025

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5596A

Trauma Informed Organisations



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This 10-week, 20-hour course introduces professionals and aspiring practitioners to the principles and practices of trauma-informed organisational care. The module covers the legislative and ethical responsibilities related to trauma-informed care, including key frameworks such as the Social Services and Wellbeing (Wales) Act 2014 and the Equality Act 2010. Learners will explore the impact of trauma on individuals and organisations, focusing on vicarious trauma, compassion fatigue, and burnout. The course emphasizes the importance of creating psychologically safe workplaces and embedding trauma-informed principles into organisational policies and practices.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 14 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5626A



Understanding Domestic Abuse



Fee **£208.00** (Concessionary Fee £166.00)

Dr Rhiannon Maniatt

Do you work with the public? Do you understand the nuances of domestic abuse, and how best to respond to victim-survivors in your (non-specialist) role? This course is designed for people who work in public facing roles, to provide understanding on what domestic abuse is and what is experienced by victim-survivors. It will also introduce diversity and intersectionality in relation to domestic abuse, effects on children, and factors regarding seeking help. The course will also cover different responses to DA by statutory and specialist domestic abuse organisations, and explore how you should respond to a disclosure in your workplaces.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 15 January 2026

This course will be taught online
 10 Credits, Level 4
SOC25A5619A

Safeguarding Principles and Practices (Wales)



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This 10-week, 20-hour module introduces professionals and aspiring practitioners to safeguarding principles, legislation, and best practices in Wales. Covering key laws such as the Social Services and Wellbeing (Wales) Act 2014 and Children Act 1989/2004, the course explores abuse, neglect, exploitation, professional boundaries, and multi-agency collaboration.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 20 January 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5628A

Trauma Informed Practice for Professionals (Wales)



Fee **£208.00** (Concessionary Fee £166.00)

Pauline Beesley

This 10-week, 20-hour course is designed for professionals and aspiring practitioners who seek to understand and apply trauma-informed principles in their work. The module covers the impact of trauma on individuals, including its neurophysiological effects and the ways it shapes physical, psychological, and social responses. Key frameworks such as the Social Services and Wellbeing (Wales) Act 2014 and the Wellbeing of Future Generations (Wales) Act 2015 are explored to understand the legislative context of trauma-informed practice.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 30 September 2025

Lifelong Learning,
 50-51 Park Place, Cardiff

10 Credits, Level 4
SOC25A5627A



Pathways to a degree in

Social Science

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



We offer a Pathway which will allow you to study towards these degrees at Cardiff University:

- ▶ **Social Science (L301)**
- ▶ **Human and Social Sciences (58H2)**
- ▶ **Criminology (L370)**
- ▶ **Sociology (8H46)**
- ▶ **Education (8G46)**

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for 'advanced standing' of 60 credits – this means that these 60 credits will count towards the first year of your degree.

Introduction to Social Science



Fee **£560.00** (Concessionary Fee £448.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings

**Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 9 September 2025**

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A4968A

12 weekly meetings

**Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 6 January 2026**

This course will be taught online

20 Credits, Level 4

SOC25A4968B

Social Policy



Fee **£560.00** (Concessionary Fee £448.00)

Dr Sara Jones

Dr Rhiannon Maniatt

This module on the Pathway to Social Science will introduce issues of Social Policy. You will gain an understanding of important social policies which set up the Welfare State; and look at current policies which affect a range of topics including Health, Education, and Housing.

12 weekly meetings

**Wednesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 7 January 2026**

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A4970A





Education and Society



Fee **£560.00** (Concessionary Fee £448.00)

Azra Sadiq

This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 7 April 2026

Lifelong Learning,
 50-51 Park Place, Cardiff

20 Credits, Level 4

SOC25A4969A

Learn
 with us and...
**enhance your
 employability and skills**

STUDENT TESTIMONIAL

Judith gained the confidence to begin degree studies



When Judith arrived in the UK as an asylum seeker she was struggling with dissociation and other mental health challenges. A friend recommended that she should enrol on one of the community courses on offer at Lifelong Learning to help focus her mind and improve her mental health.

“ I found the courses, particularly in health and social care, not only interesting but also empowering. They gave me the tools to support my well-being whilst learning how to contribute positively to my community and rebuild my life.

“The support I received helped me build my confidence and stay

motivated. The course not only offers practical knowledge and skills in health and social care, but it also fosters personal growth, which is essential for anyone who is navigating their own challenges.

“I am deeply honoured to have been awarded the Departmental Prize at Lifelong Learning's Award Ceremony in recognition of the commitment to my studies, but it also acknowledges the role I've played in supporting others on their own educational journeys.”

Judith is now completing the first year of her MA in Social Work at Cardiff University. We wish her the best of luck in her studies.



Pathways to a degree *in*

Psychology

Co-ordinating Lecturer:
Dr Sara Jones
 Tel: **029 2087 5268**
 Email:
JonesSJ15@cardiff.ac.uk

Pathways Coordinator:
Dr Catherine Phelps
 Tel: **029 2087 0000**
 Email:
pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will prepare you to study towards these degrees at Cardiff University:

- ▶ **Psychology (C800)**
- ▶ **Psychology with a Professional Placement (C810)**

You need to have a Maths GCSE, grade A-C/9-4.



How it works

Core modules:

- ▶ Research Methods (10 credits)
 - ▶ A Gentle Introduction to Data Analysis using R (10 credits)
 - ▶ Introduction to Human Biology (20 credits)
- (40 credits in total)**

+

Optional modules:

- ▶ Health Psychology (10 credits)
 - ▶ Social Psychology (10 credits)
 - ▶ Developmental Psychology (10 credits)
 - ▶ Applying Criminological Theories (10 credits)
 - ▶ Understanding Gang Culture (10 credits)
 - ▶ Abnormal Psychology (20 credits)
- (20 credits in total)**

=

Pathway to a degree in Psychology (60 credits in total)



Pathways to a MA in

Social Work

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinator:

Dr Catherine Phelps

Tel: **029 2087 0000**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



After studying the Pathway you will be able to make an application to study Social Work MA. If you wish to enrol on the Pathway, you must have either a degree, 2:2 or above (any subject), or 3 years professional work experience in the field.

Accessibility for our students

We strive to make your studies as comfortable and accessible as possible. If you need help accessing any of our buildings or advice on improving your learning experience please contact disability@cardiff.ac.uk



Certificate of Continuing Education

Here are our Certificate of Continuing Education in alphabetical order. For more information, contact your Co-ordinating Lecturer or visit our website.

Arabic Language	Italian / Spanish	Relations and Politics
Astronomy	Language 2	Japanese Language
Business and Management Studies	French / German / Italian / Spanish	Marine Studies
Chinese Language	Language 3	Music Studies
Computer Studies	Garden Studies	Natural History and the Environment
Creative Writing	Geology	Our Media, Our World
English Literature	Greek Language	Philosophy
Exploring the Past	Healthcare	Polish Language
French / German / Italian / Spanish	Historical Studies	Portuguese Language
Language 1	Humanities	Public Service
French / German /	Humanities and Social Studies	Interpreting
	Inside Narratives	Russian Language
	International	Social Studies

Why not keep in touch?

We have lots of ways that you can keep up-to-date with what's going on, be the first to know about our new courses, get invited to our free events and read our regular news items:

- ▶ *Subscribe to our email lists - www.cardiff.ac.uk/learn/choices/subscribe/*
- ▶ *Find on us Facebook - www.facebook.com/learncardiff*
- ▶ *Follow us on 'X' @LearnCardiff*

How to Enrol

Enrol online

Search or browse our courses to find the course you are interested in enrolling on.

Please enrol online if you are paying full or concessionary fee by card. You can do this by clicking 'Enrol now' within your chosen course to launch the process.

For other funding methods, including instalments, Student Finance loan and the Fee Waiver scheme you can submit an enrolment form from our 'How to enrol' web page.

Please note that in rare instances a course may fill up during the enrolment process. If this occurs a member of staff will contact you to arrange a refund or transfer to another course.

We highly recommend that you enrol at least one week before the course start date to ensure that you have access to your university email.

Enrol by email

You can also enrol on a course by downloading our PDF enrolment guide and form and submitting it to us by email.

Funding and paying for your learning

Find out if you are eligible for reduced course fees or to apply for a loan or grant towards your learning.

You can find course fees on the individual course pages.

Concessionary fees

The concessionary fee is shown below the standard fee for each course. You will be asked to provide appropriate evidence of your entitlement when you

apply for a course. Concessions are available to anyone receiving:

- ▶ Universal Credit
- ▶ Income Support
- ▶ Housing Benefit
- ▶ Jobseekers Allowance
- ▶ Income-related Employment and Support Allowance
- ▶ Council Tax Reduction (does not include discounts and exemptions)
- ▶ Working Tax Credit
- ▶ State pension
- ▶ Personal Independence Payment.

They are also available to:

- ▶ Cardiff University staff and full-time Cardiff University students

Concessionary fees are not available if a sponsor (such as your employer or Student Finance Wales) is paying the fee.

Please contact us if you need further information.

Fee Waiver Scheme

You may be eligible to have your course fees covered by the Commission for Tertiary Education and Research (Medr, formerly HEFCW) if you are a carer, care leaver, have a disability, receive qualifying benefits, currently seeking a job, are black or minority ethnic, refugee, asylum seeker, your parents did not study at university, identify as LGBTQ+, or live in an area where traditionally few people access university.

Student Finance Wales

Students who study 30 credits or more in the year may apply to Student Finance Wales for a tuition fee loan to fund their learning.

In some cases students may also be eligible for grants.

When completing the application form:

- ▶ the course name for all courses in

Lifelong Learning must be 'Certificate of Higher Education (LEARN)'. No other course will be accepted.

- ▶ please change the default loan amount to the total of your course fees.

More information can be found on our website.

Financial Assistance Programme

Additional financial assistance may also be available from the University to students on low incomes who have no prior experience of Higher Education. For further information contact the Advice and Money Team by emailing adviceandmoney@cardiff.ac.uk

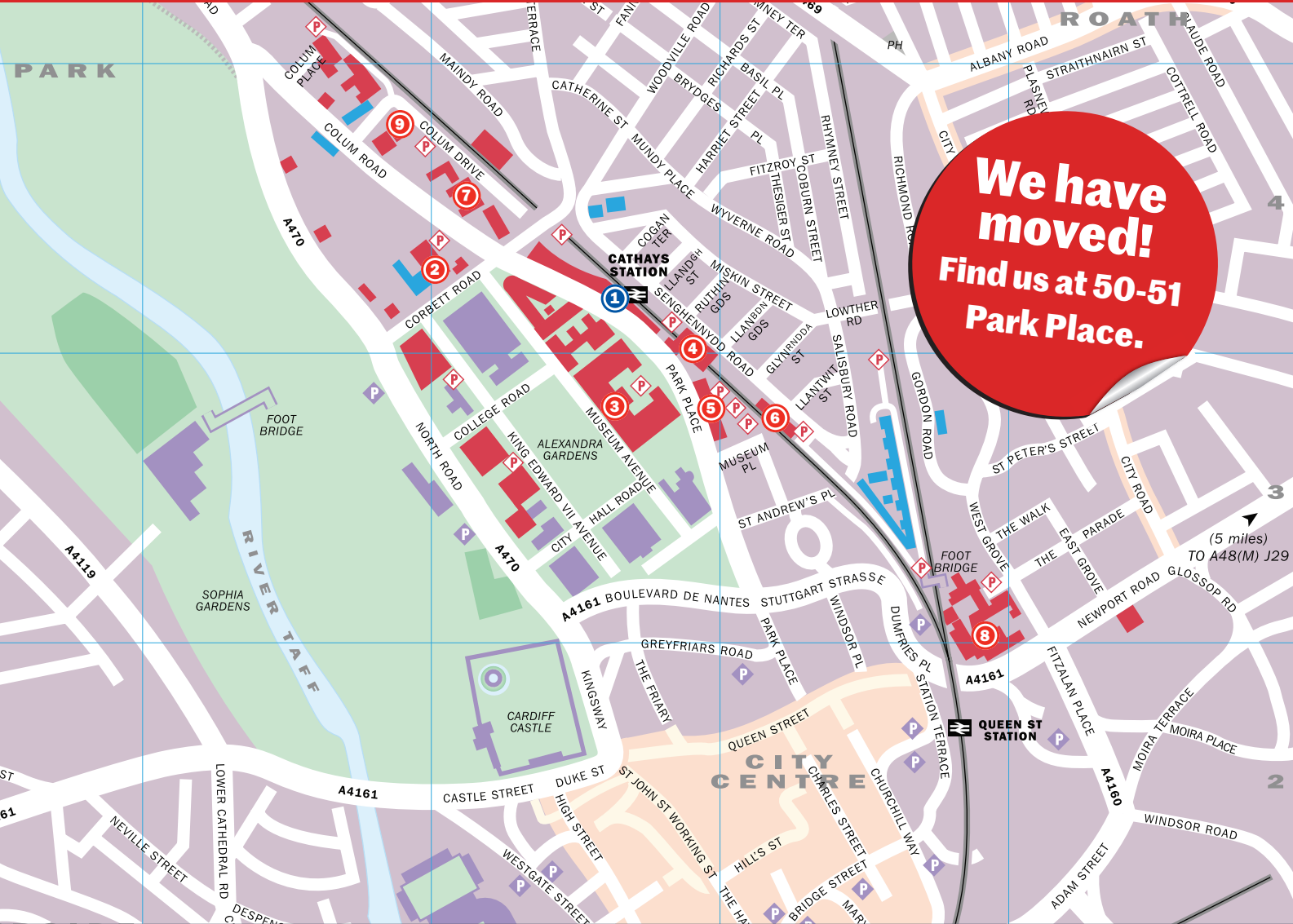
Pay by instalment

For courses where the fee payable is over £420, payment can be made by two instalments (payment by instalment is not possible if you are enrolling online).

The first instalment will be £300 and is required once you have submitted an enrolment by email. You will then be advised of the due date and amount of the second instalment.

Pay by invoice

If your employer (other than the University) is paying for the course and would prefer to pay by invoice they will need to provide a purchase order. This should be included in your application to the course. If you are unable to attach a purchase order, please contact us.



We have moved!
Find us at 50-51 Park Place.

Key

- Lifelong Learning** ①
- School of Music** ②
- Main Building** ③
- Sherman Theatre** ④
- 40-41 Park Place - The Computing Centre** ⑤
- 23-24 Senghennydd Road** ⑥
- John Percival Building** ⑦
- Department of Computer Science** ⑧
- Julian Hodge Building** ⑨

For more information please contact:

Lifelong Learning,
50-51 Park Place, Cardiff. CF10 3AT

Tel: 029 2087 0000

Email: LEARN@cardiff.ac.uk

www.cardiff.ac.uk/learn