

Cardiff Riverside Table Talk

Thoughts and reflections shared by guests during a recent Table Talk session at FoodCycle Riverside, offering feedback and insight into what the meals and community mean to them.

"I definitely feel like I belong here... if you don't belong in a place, you won't stay long."



"This keeps me going, I'm not sure what I would do without it. This is the only part of my life that makes me feel like a human being."

"Our traditional food is different, but this is new and delicious. I like it so much."



"We feel comfortable and happy here. This is a new experience for me to come to a place like this. I come here with my friends from my street, and we really enjoy it. Everyone works in the day, so every Wednesday we can come here to eat food together."

"It gets me out the door, especially in winter when you feel isolated."

