

## PROGRAM DATES JULY – AUGUST – SEPTEMBER 2022



As part of the government's response to COVID recovery, a Summer of Fun scheme has been organised to provide free activities for children and young people age 0-25 years in Welsh and English. The activities provide support for their social, emotional and physical wellbeing to help re build their confidence to integrate back into the community.

As The Outdoor Activity Development Officer for Central South Wales for The Outdoor Partnership I have organised this program, the activities will take place predominantly in this region, but the activities are open to ANY under 25s from any region. All activities are organised using professional industry standard Outdoor Providers. All activities are subject to change, due to the nature of the outdoor conditions!

Transport, accommodation, food or equipment etc are not covered within the costs, but all activities and courses are free and where membership is required, this is included. If you require assistance with this, please contact me, we are here to help make it happen!

THIS PROGRAM IS AN OPPORTUNITY TO MAKE GROUP BOOKINGS FOR THE SESSIONS AND REGISTER YOUR INTEREST FOR THE PATHWAYS TO EMPLOYMENT PROGRAM.

The Pathways to employment is aimed at youth leaders, teaching staff, youth workers, volunteers and any young people who are not in education, employment or training and additionally it will support those working, studying, training or assisting in sport or outdoor related roles who can take this opportunity to get additional training and qualifications to improve their future opportunities in the outdoor industry and other related career opportunities. For many of the qualification training opportunities, there is a supporting program, designed to develop confidence, leadership skills and technical knowledge.....oh and increase confidence, so apply even if you think you're not ready, we are here to help you! PLEASE JOIN THE 21st JULY, EVENTBITE ONLINE SESSION: PATHWAYS TO EMPLOYMENT Q&A ONLINE SESSION

JULY DATE / TIME	RESTRICTIONS and No. of participants	ACTIVITY	COMPANY/VENUE/LOCATION	BOOKING LOCATION
Sat 23 <sup>rd</sup> July 10:00 am – 4:00 pm	10 people Age 7 – 25 under 18's must be accompanied by an adult	Inclusive Canoeing/Paddlesport	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Tues 26 <sup>th</sup> July 4:00 pm – 5:00 pm	8 people Ages 7 – 16	This Girls Adventure Climbing Class	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Wed 27 <sup>th</sup> July 10:00 am – 11:30 am	8 people Age 7 – 16	This Boys Adventure Kayak School	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Wed 27 <sup>th</sup> July 4:00 pm – 5:00 pm	8 people Age 7 – 16	This Girls Adventure Climbing Class	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Thurs 28 <sup>th</sup> July 4:00 pm – 5:00 pm	8 people Age 7 – 16	This Boys Adventure Climbing Class	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Fri 29 <sup>th</sup> July 4:00 pm – 5:00 pm	8 people Age 7 – 16	This Boys Adventure Climbing Class	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Fri 29 <sup>th</sup> July 10:00 am – 4:00 pm	Age 7 – 25 under 18's must be accompanied by an adult	Outdoor Climbing Development Days (Suitable for beginners and those who have indoor climbing experience)	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090

AUGUST DATE / TIME	RESTRICTIONS and No. of participants	ACTIVITY	COMPANY/VENUE/LOCATION	BOOKING LOCATION
Mon 1 & Tues 2 <sup>nd</sup> Aug FULL DAY	6 people Ages 18 – 25 PATHWAYS TO EMPLOYMENT	MIAS Level 1 training and assessment (Mountain Biking Leader Course)	GETHINMTB	<u>EVENTBRITE</u>
Wed 3 <sup>rd</sup> Aug 6:30 pm – 7:30 pm	8 people Ages 16 – 25 (This Girls Adventure)	This Girls Climbing Taster	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Wed 3 <sup>rd</sup> Aug 10:00 am – 11:30 am	8 people Age 7 – 16	This Boys Adventure Kayak School	SUMMIT CENTRE	SUMMIT BOOKING LINK

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Wed 3 <sup>rd</sup> Aug 2:30 pm – 4:00 pm	8 people Age 7 – 16 (This Girls Adventure)	This Girls Adventure Kayak School	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Fri 5 <sup>th</sup> Aug 5:00pm – 6:00 pm	8 people Ages 8 – 15 under 18's must be accompanied	ASD Climbing Club Inclusive	SUMMIT CENTRE	SUMMIT BOOKING LINK
5.66pm 6.66 pm	by an adult	THOUSING THE PROPERTY OF THE P		01443 710090
Sat 6 <sup>th</sup> Aug 10:00 am – 4:00 pm	10 people Age 7 – 25 under 18's must be accompanied by an adult	Inclusive Canoeing	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Sat 6 <sup>th</sup> Aug 2:30pm – 4:30pm	8 people Age 7 – 25 under 18's must be accompanied by an adult GROUP BOOKING OPPORTUNITY	Surfing (Inclusive surfing, but no adapted boards available) Inclusive	CRESSEYS SURF ACADEMY Rest Bay, Porthcawl, Bridgend	CONTACT LEILA
Sun 7 <sup>th</sup> Aug 11:45am – 1:45pm	8 people Age 18 – 25 SUPPORTING THE PATHWAYS TO EMPLOYMENT	SUP SESSION development (suitable for beginners and intermediates) *please note WSA course available on Pathways to employment program	Coney Beach, Porthcawl, Bridgend ANTURFIT	<u>EVENTBRITE</u>
Mon 8 <sup>th</sup> Aug 12:00 – 2:00pm	8 people Age 18 - 25	SUP development (suitable for beginners and intermediates) *please note WSA course available on Pathways to employment program	Coney Beach, Porthcawl, Bridgend ANTURFIT	EVENTBRITE
Mon 8 <sup>th</sup> Aug 10:00-12:00	10 people GROUP BOOKING OPPORTUNITY	Canoeing Taster Kayaking Courses (ciww.com)	Cardiff International White Water Centre (CIWW)	CONTACT LEILA
Wed 10 <sup>th</sup> Aug 10:00-12:00	10 people Fully booked HFACTOR	Kayaking Taster	Cardiff International White Water Centre (CIWW)	FULLY BOOKED
Thur 11 Aug 8:00am-10:00am	8 people Age 12 – 25 under 18's must be accompanied by an adult (This Girls Adventure) GROUP BOOKING OPPORTUNITY	SUP Ladies only beginners session (note: this is with a female instructor)	ISLANDSUP BARRY, V.GLAMORGAN	CONTACT LEILA
Thur 11 <sup>th</sup> and Fri 12 <sup>th</sup> Aug 2 FULL DAYS	4 people Age 12 – 17	Youth Zero to Hero Youth Zero to Hero (ciww.com)	Cardiff International White Water Centre (CIWW)	<u>EVENTBRITE</u>
Sat 13 <sup>th</sup> Aug 10:30pm – 12:30pm	8 people Age 7 – 25 under 18's must be accompanied by an adult FULLY BOOKED-DIVERSE CYMRU	Surfing (Inclusive surfing, but no adapted boards available) Inclusive	CRESSEYS SURF ACADEMY Rest Bay, Porthcawl, Bridgend	FULLY BOOKED

Sun 14 <sup>th</sup> Aug	50 people	Orienteering Event	Castell Coch	TBC
	under 18's must be accompanied by an adult	Castell Coch	South Wales Orienteering Club	
Mon 15 <sup>th</sup> Aug	10 people	SUP taster (beginners session)	Cardiff International White Water	FULLY BOOKED
10:00am – 12:00	FULLY BOOKED – DIVERSE CYMRU	Sor taster (Segrimers session)	Centre (CIWW)	TOLLY BOOKED
Tues 16 <sup>th</sup> Aug	10 people	SUP skills session (beginners and intermediates)	Cardiff International White Water	CONTACT LEILA
11:00am – 1:00pm	GROUP BOOKING OPPORTUNITY		Centre (CIWW)	
Wed 10 <sup>th</sup> & Th 11 <sup>th</sup> Aug	4 people	RYA start sailing (this course leads onto the RYA Competent Crew)	Cardiff Yachting	<u>EVENTBRITE</u>
FULL DAYS (start 9:30am)	PATHWAYS TO EMPLOYMENT			
Fri 12 <sup>th</sup> Aug		VHF Course		
FULL DAY				
(Online 3 hr course to				
complete prior to this)				
Mon 15 <sup>th</sup> , Tues 16 <sup>th</sup> , Wed 17 <sup>th</sup>		RYA Competent Crew		
Aug				
FULL DAYS				
Mon 22 <sup>nd</sup> Aug	10 people	Intro to SUP (beginners session)	Cardiff International White Water	CONTACT LEILA
9:00am-11:00am	under 18's must be accompanied by an adult GROUP BOOKING OPPORTUNITY	,	Centre (CIWW)	
Mon 22 <sup>nd</sup> Aug	8 people	INTRO TO STAND UP PADDLEBOARDING AND COASTAL SAFETY	ISLANDSUP	CONTACT LEILA
1:00pm - 3:00pm	Age 12-25, under 18's must be accompanied	(BEGINNERS AND INTERMEDIATES)	BARRY, V.GLAMORGAN	
	by an adult GROUP BOOKING OPPORTUNITY			
Tues 23 <sup>rd</sup> Aug	10 people	SUP skills session (beginners and intermediates)	Cardiff International White Water	FULLY BOOKED
11:00am – 1:00pm	Age 7 – 25 under 18's must be accompanied		Centre (CIWW)	
	by an adult			
Sat 27 <sup>th</sup> Aug	FULLY BOOKED – DIVERSE CYMRU  12 people	Night sky walk with Brecon with Dorian Thomas with Brecon	TRIGPOINT ADVENTURES	CONTACT LEILA
Sat 27 " Aug	Age 14 – 25 under 18's must be accompanied	Beacons Dark Sky Ambassador	PEN Y FAN	CONTACT LEILA
	by an adult	Bedeens Burk sky Ambussader		
	GROUP BOOKING OPPORTUNITY			
Sat 27 <sup>th</sup> Aug	8 people	SUP development (suitable for beginners and intermediates)	Coney Beach, Porthcawl, Bridgend	EVENTBRITE
4:00pm – 6:00pm	Age 18 – 25	*please note WSA course available on Pathways to employment	ANTURFIT	<u> </u>
	SUPPORTING THE PATHWAYS TO EMPLOYMENT	program		
Sat 27 <sup>th</sup> Aug	8 people	SUP development (suitable for beginners and intermediates)	Coney Beach, Porthcawl, Bridgend	EVENTBRITE

5:00pm – 7:00pm	Age 18 – 25 SUPPORTING THE PATHWAYS TO	*please note WSA course available on Pathways to employment program	ANTURFIT	
Sat 20 <sup>th</sup> Aug 10:00 am – 4:00 pm	EMPLOYMENT  10 People  Age 17 – 25 under 18's must be accompanied by an adult	Outdoor Climbing Development Days	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Wed 31 <sup>st</sup> Aug – Fri 2 <sup>nd</sup> Sept 3 FULL DAYS 10:00am-6:00pm	4 People Age 17 – 25 under 18's must be accompanied by an adult PATHWAYS TO EMPLOYMENT	Rock Climbing Instructor Training (with Andy Newton MIC)	SUMMIT CENTRE	<u>EVENTBRITE</u>

SEPTEMBER DATE / TIME	RESTRICTIONS and No. of participants	ACTIVITY	COMPANY/VENUE/LOCATION	BOOKING LOCATION
Fri 2 <sup>nd</sup> Sept 5:00 pm – 6:00 pm	8 people Ages 16 – 25 under 18's must be accompanied by an adult	ASD Climbing Club Inclusive	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Sat 3 <sup>rd</sup> Sept 10:00 am – 4:00 pm (10 people)	Age 16 – 25 under 18's must be accompanied by an adult	Outdoor Climbing Development Days	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Tues 6 <sup>th</sup> Sept 6:00pm – 8:00pm	GROUP BOOKING OPPORTUNITY	Indoor Climbing	BOULDERS, CARDIFF	CONTACT LEILA
Wed 7 <sup>th</sup> Sept 6:00 pm – 7:00 pm	8 people Ages 8 – 15 under 18's must be accompanied by an adult GROUP BOOKING OPPORTUNITY	This Girls Climbing Taster	SUMMIT CENTRE	SUMMIT BOOKING LINK 01443 710090
Wed 7 <sup>th</sup> Sept 6pm to 11pm	12 people Age 14 – 25 under 18's must be accompanied by an adult FULLY BOOKED-H FACTOR	Night sky walk with Brecon with Dorian Thomas with Brecon Beacons Dark Sky Ambassador	TRIGPOINTS ADVENTURE PEN Y FAN	FULLY BOOKED
Thurs 8 & Fri 9 <sup>th</sup> Sept FULL DAYS	6 people Age 16 – 25 PATHWAYS TO EMPLOYMENT	Lowland Leader Training	STOREY ARMS CENTRE	EVENTBRITE

Sat 10 <sup>th</sup> & Sat 17 <sup>th</sup> Sept	12 people	16 hr Outdoor First Aid	SUMMIT CENTRE	<u>EVENTBRITE</u>
2 FULL DAYS	Age 17-25			
	PATHWAYS TO EMPLOYMENT			
Tues 13 <sup>th</sup> Sept	16 people	Indoor Climbing	BOULDERS,	CONTACT LEILA
6:00pm – 8:00pm	GROUP BOOKING OPPORTUNITY		CARDIFF	
Fri 16 <sup>th</sup> Sept	8 people	INTRO TO STAND UP PADDLEBOARDING AND COASTAL SAFETY	ISLANDSUP	CONTACT LEILA
10:00am – 12:00	Age 12-25, under 18's must be accompanied	(BEGINNERS AND INTERMEDIATES)	BARRY, V.GLAMORGAN	
	by an adult			
	GROUP BOOKING OPPORTUNITY			
Sun 18 <sup>th</sup> Sept	50 people	Orienteering Event	Storey Arms	TBC
	under 18's must be accompanied by an adult	Storey Arms	South Wales Orienteering Club	
Tues 20 <sup>th</sup> Sept	16 people	Indoor Climbing	BOULDERS,	CONTACT LEILA
6:00pm – 8:00pm	GROUP BOOKING OPPORTUNITY		CARDIFF	
Th19th & Fri 30 <sup>th</sup> Sept	6 People	BRITISH CYCLING FUNDAMENTAL MOUNTAIN BIKE LEADER	PEDAL A BIKE AWAY	<u>EVENTBRITE</u>
2 FULL DAYS	Age 17 – 25	TRAINING & ASSESSMENT (17-25)	GRAVITY BIKE PARK	
	PATHWAYS TO EMPLOYMENT		DARE VALLEY COUNTRY PARK	
			RHONDDA CYNON TAFF	
Th 29 <sup>th</sup> & Fr 30 <sup>th</sup> Sept	6 people	BRITISH CYCLING FUNDAMENTAL MOUNTAIN BIKE LEADER	BRITISH CYCLING	SUMMIT
	Ages 18 – 25	TRAINING & ASSESSMENT	GRAVITY BIKE PARK, DARE VALLEY,	<b>BOOKING LINK</b>
2 FULL DAYS	PATHWAYS TO EMPLOYMENT		RCT	01443 710090
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## PATHWAYS TO EMPLOYMENT PROGRAM SUMMARY

PLEASE JOIN TH 21st JULY, EVENTBITE ONLINE SESSION: PATHWAYS TO EMPLOYMENT Q&A ONLINE SESSION

SUMMER MOUNTAIN LEADER TRAINING (2 – 4 Spaces)	SELF BOOK	Mountain Leader (mountain-training.org)
LOWLAND LEADER TRAINING (6 Spaces)	8th & 9 <sup>th</sup> Sept	Lowland Leader (mountain-training.org)
HILL AND MOORLAND TRAINING	Dates TBC	Hill and Moorland Leader (mountain-training.org)
ROCK CLIMBING INSTRUCTOR TRAINING (4 Spaces)	Wed 31 <sup>st</sup> Aug – Fri 2 <sup>nd</sup> Sept	Outdoor First Aid Training 16 Hours   Aid Training (aid-training.co.uk)
INDOOR CLIMBING ASSISTANT		
16 HOUR FIRST AID IN THE OUTDOORS	Sat 10 <sup>th</sup> & Sat 17 <sup>th</sup> Sept	Outdoor First Aid Training 16 Hours   Aid Training (aid-training.co.uk)
BRITISH CYCLING_FUNDAMENTAL MOUNTAIN BIKE LEADER COURSE TRAINING & ASSESSMENT	Dates TBC	
WSA SUP SAFETY & RESCUE (1 DAY / 6-10 Spaces/Age 18-25) (*pre req for below FOUNDATION)	29 <sup>th</sup> Aug	<u>SUP Instructor Course — Water Skills Academy (WSA)</u>

WSA FOUNDATION COURSE (INSTRUCTOR TRAINING AND ASSESSMENT) (2 DAY / 6-10 Spaces/Age 18-25)	30 <sup>th</sup> & 31 <sup>st</sup> Aug	
*REQUIREMENT 16 HOUR FIRST AID IN THE OUTDOORS		
*Includes WSA membership		
SEE ABOVE PROGRAM FOR 4 SUP DEVELOPMENT SESSIONS WITH WSA INSTRUCTOR (ANTURFIT)		
RYA START YACHTING (2 DAYS / 4 Spaces / Age 18-25)	10 <sup>th</sup> & 11 Aug	RYA Sail Cruising « Cardiff and Swansea Yachting Company
VHF COURSE (1 day in addition to a 3 hour online course)(4 Spaces / Age 18-25)	12 <sup>th</sup> Aug	(cardiffyacht.co.uk)
RYA COMPETENT CREW (2 DAYS / 4 Spaces / Age 18-25)	15 <sup>th</sup> , 16 <sup>th</sup> & 17 <sup>th</sup> Aug	
MIAS Level 1 MOUNTAIN BIKING LEADER TRAINING & ASSESSMENT (2 DAYS / 4 Spaces / Age 18-	1 <sup>st</sup> & 2 <sup>nd</sup> Aug	MIAS Mountain Bike Instructor Award « Gethin MTB
25)		
BRITISH CYCLING FUNDAMENTAL MOUNTAIN BIKE LEADER TRAINING & ASSESSMENT (18-25)	29 <sup>th</sup> and 30 <sup>th</sup> Sept	Fundamentals of MTB Leadership (britishcycling.org.uk)





