BELIEVE-CREDU

CYCLING LESSONS
COME ALONG TO 5 LESSONS
OR MORE AND COMMIT TO
BECOMING A CYCLING
COACH YOUR NAME WILL BE
PUT IN A PRIZE DRAW FOR A
CHANCE TO WIN A BIKE.
ELIGIBILITY: BAME WOMEN
OVER 25 LIVING IN CANTON,
GRANGETOWN OR RIVERSIDE WITH CARE
RESPONSIBILITIES.



Monday, weekly to start on the 18th of November at 12.30 p.m.-2 p.m. Meet at SRCDC, Brunel St.

MEET AT

South Riverside Community Development Centre, Brunel Street, Riverside, Cardiff CF11 6ES

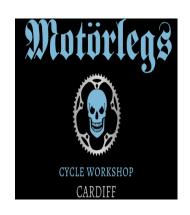
CONTACT : SHARON KRAUSE ON 02920 220309 OR 07958428648 SHARON@SRCDC.ORG.UK

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Foundation Wales with additional support from Welsh Cycling"

"Mae'r prosiect hwn yn cael ei ariannu gan Henry Smith Charity mewn partneriaeth â Sefydliad Cymunedol Cymru, gyda chednogaeth ychwanegol gan Beicio Cymru









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