



How to access our services in Cardiff and the Vale of Glamorgan

Visit us for a 15 minute assessment where an adviser will establish how to help you. A further appointment may be necessary.

CENTRAL CARDIFF - Advice Hub, 2nd Floor, Cardiff Central Library Hub, The Hayes, Cardiff, CF10 1FL
Monday to Friday 9 am – 6 pm
(Except Thursdays 10 am – 7 pm)

Butetown - Community Centre, Loudoun Square, Butetown, Cardiff CF10 5UZ
Monday 10 am - 1 pm

Ely & Caerau – Ely & Caerau Hub, Cowbridge Road West, Ely, Cardiff, CF5 5BQ
Monday 1 pm – 3 pm
Tuesday 9 am – 1 pm
Wednesday 2 pm – 4 pm
Thursday 10 am – 1 pm

Fairwater - Fairwater Hub, Doyle Avenue, Fairwater, Cardiff, CF5 3HU
Wednesday 10 am - 1 pm

Grangetown – Grangetown Hub, Havelock Place, Cardiff, South Glamorgan CF11 6PA
Tuesday 10 am – 1 pm
Wednesday 2 pm – 5 pm

Llanrumney – Llanrumney Hub, Countisbury Avenue, Cardiff CF3 5NQ
Wednesday 10 am - 1 pm

Llanedeyrn - Llanedeyrn Hub, Powerhouse, Roundwood, Llanedeyrn, Cardiff CF23 9PN
Friday 10 am – 1 pm

Riverside - South Riverside Community Development Centre, Brunel St, Riverside, Cardiff. CF11 6ES
Wednesday 10 am - 1 pm

Rumney - Rumney Hub, Llanstephan Rd, Rumney, Cardiff, CF3 3JA
Wednesday 2 pm – 4.30 pm

Splott - Oasis, 69b Splott Rd, Splott. CF24 2BW
Wednesday 9:30 am - 12:30 pm

Splott - Star Community Hub, Muirton Road, Splott, Cardiff, CF24 2SJ
Monday 10 am - 1 pm
Thursday 10 am – 1 pm

St Mellons – St Mellons Enterprise Centre, Crickhowell Road, St Mellons, Cardiff, CF3 0EX
Tuesday 10 am - 1 pm

University Hospital of Wales - Concourse, UHW, Heath Park, Cardiff CF14 4XW
Thursday 10 am - 1 pm

Roath – Cadwyn, 197 Newport Road, Cardiff,
Monday 9:30am – 12:30pm

If you need advice over the telephone:
Adviceline Cymru *03444 77 20 20
Monday - Friday 9 am - 5 pm

Calls to this service cost the same as calling 01 and 02 numbers. They will be included as part of a mobile allowance or a landline call package. You will be charged for calls not included in your landline package or if you go over your mobile allowance. Calls will also be charged if you do not have a call package with your provider. Landline calls typically cost up to 9p per minute and calls from mobiles between 8p and 40p per minute. Please note that tariffs vary and are subject to change, so for specific call charge details please check with your own provider.

Further information can be found on the [Ofcom website](#) using their [call cost guide](#).

If you need Consumer advice:
Citizens Advice Consumer helpline – 0345 404 05 06
You can talk to an adviser in Welsh on 0345 404 05 05 (Monday to Friday 9 am – 5 pm)

For online help please visit our website:
www.citizensadvice.org.uk



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Barry Office:
119 Broad St
CF62 7TZ

Mon	9.30 am - 4.30 pm
Tues	9.30 am - 4.30 pm
Wed	9.30 am - 6.00 pm
Thurs	9.30 am - 4.30 pm
Fri	9.30 am - 4.30 pm

Barry – The Flying Start Family Centre: Mon 09:30-12:30

Gladstone Road,
Barry, CF63 1NH

Barry – Vale Foodbank : Thurs 4.30pm - 6.00pm

Coastlands Family Church,
Tennyson Road,
Barry. CF62 9TN

Llantwit Major: Mon 9.30am - 12.30pm

Western Vale Integrated
Children's Centre
Station Rd
CF61 1ST

Penarth: Thurs 9.30 am – 12:30 pm

West House
Stanwell Road CF64 2YG

St Athan:

The Gathering Place Appointments by request

The Hive

RAF St Athan Call 01446 733924

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